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Quarterly circulation approximately 55,000 to all active RNs and LPNs licensed in Iowa.

November, December 2011, January 2012

What The Iowa Board of Nursing Wants to Know About Your Criminal and Disciplinary History

The Iowa Board of Nursing office frequently receives telephone calls from licensees and license applicants asking about whether an arrest or a criminal conviction is required to be reported to the Board. Generally speaking all criminal convictions received by an LPN, RN or ARNP or applicant for licensure are required to be reported to the Board.

CRIMINAL CONVICTIONS AND APPLICANTS FOR LICENSURE

In order for an individual to become licensed in Iowa, they must first graduate from a state board approved nursing program, at which time they can then apply for licensure.

The license application asks the following question: "Have you ever pled guilty to, or been convicted of, a criminal offense, other than a minor traffic violation? (Include deferred judgments).

Often applicants will ask what is a "conviction" or a "deferred judgment" or if an arrest only must be reported. A conviction includes a finding by a judge, jury or other court tribunal of guilt; a conviction includes a guilty plea that has been accepted by the court. Convictions may result in a deferred judgment or a suspended sentence based upon either a finding of guilt or a guilty plea. Deferred judgments are often described as an opportunity to forgo a penalty such as jail time in exchange for meeting certain conditions for a certain period of time. Likewise, applicants often ask about "expunged" records, or say that they have been advised they do not have to declare their convictions on job applications because they had a deferred sentence or an expunged record. For the purposes of the Iowa Board of Nursing, any criminal conviction that an applicant has had, unless it is for a traffic offense such as speeding, must be reported, regardless of whether it was a deferred judgment or you have been told that the record was "expunged."

Frequently applicants will ask if an "OWI" or the offense of operating a motor vehicle while intoxicated is a criminal offense or a traffic offense, it is a criminal offense and it must be reported.

Sometimes individuals are arrested and charged with a crime, but those charges are later dismissed or dropped entirely. Arrests that do not result in any conviction, entry of a guilty plea or a deferred judgment do not have to be reported to the Board of Nursing. Arrests without a documented disposition may appear on a criminal background check and may trigger further questions of an applicant by the Board.

If an applicant answers "yes" to the criminal conviction question on the licensure application they must provide copy(s) of the sentencing order(s) when submitting application materials. The Board of Nursing will review each individual application and criminal record and make a final decision regarding licensure. The applicant has the option to sit for the NCLEX exam before or after they have received approval for licensure. The applicant will be asked to submit the following written materials to the board office at the time of application.

- Send a copy of the Court records; i.e. trial information, judgment entry and sentencing order **with the application**.
- A written assessment of your life before, at the time of, and after the conviction.
- Parole/Probation Officer's assessment if currently under active supervision or a letter from your parole/probation officer stating that you completed the requirements of your probation.
- Employment history (please include in your written assessment).
- Enclose copies of all substance abuse evaluations

with treatment discharge summary and aftercare recommendations.

Letters of recommendation may also be included.

Failing to answer the criminal conviction question honestly may result in disciplinary action against a licensee by the Board.

CRIMINAL CONVICTIONS BY EXISTING LICENSEES OF THE IOWA BOARD OF NURSING

A licensee is required to notify the Board within 30 days of the entry of a guilty plea, deferred judgment, or criminal con-

Continued on page 6

DELEGATION

Nurse delegation means the action of a nurse to direct competent individuals to perform selected nursing tasks in selected situations pursuant to 655 Iowa Administrative Code, Chapter 6, subrule 6.2(5).

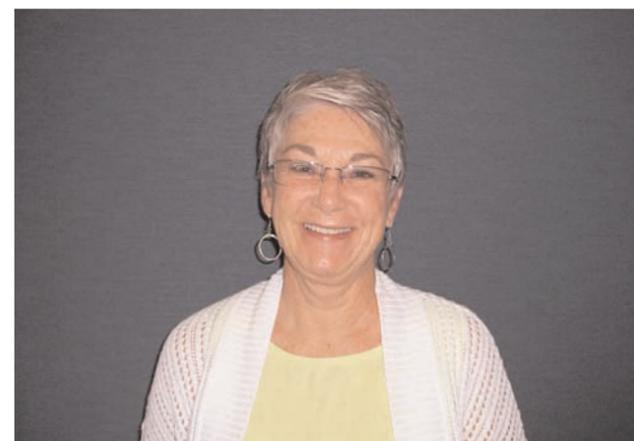
6.2(5)"c" – *Using professional judgment in assigning and delegating activities and functions to unlicensed assistive personnel. Activities and functions which are beyond the scope of practice of the licensed practical nurse may not be delegated to unlicensed assistive personnel.*

The decision to delegate to an unlicensed assistive personnel is based on the delegation process; assessment, planning, implementation and evaluation. The delegating nurse must ensure the task/function is appropriate to delegate, the individual patient/client is appropriate under the right circumstance, the unlicensed assistive personnel is educated and competent in the task/function, and supervision, communication and evaluation are being carried out. There must be documentation of the unlicensed assistive personnel's education and competency.

KEY POINTS FOR DELEGATION

- The nurse delegating the task/function retains accountability for the process of delegation and making the decision to delegate.
- Licensed practical nurses are allowed to delegate within the scope of their practice under the supervision of a registered nurse.
- Assessment, planning, evaluation and nursing judgment cannot be delegated.
- The nurse and the unlicensed assistive personnel shall follow facility/agency policy and procedure for the task/function involved.
- The decision to delegate is also based on the facilities/agencies regulatory entity and their rules and regulations.
- Just because you can delegate does not mean you should delegate.

For further information on delegation refer to the National Council State Board of Nursing Delegation Paper; *Working with Others: A Position Paper*. This paper may be found at the following link: www.ncsbn.org/1625.htm



Sandra Colin, Health Professions Investigator, has retired after 23 years of service with the Iowa Board of Nursing.

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BOARD MEETING SCHEDULE 2011 - 2012

November 30, December 1-2, 2011 (November 9, 2011)

February 22-23-24, 2012 (February 1, 2012)

June 6-7-8, 2012 (May 16, 2012)

Requests for establishment of new schools, requests for major curriculum change, other special requests, and regular business will be considered at each meeting. Materials must be received in the board office **three (3) weeks** prior to a scheduled board meeting. For your convenience, behind each board meeting date is the deadline for receipt of materials.



www.state.ia.us/nursing/



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RENEWAL REMINDER

Licenses that expire December 15, 2011, are due by November 15, 2011, and can be renewed any time after October 15, 2011.

Licenses that expire January 15, 2012, are due by December 15, 2011, and can be renewed any time after November 15, 2011.

Licenses that expire February 15, 2012, are due by January 15, 2012, and can be renewed any time after December 15, 2011.

A \$50 late fee is required for licensees who renew within the 30 days after the license lapses. Licenses that are not renewed will automatically be placed on inactive status on the 16th of the month following the expiration of the license.

The continuing education requirement for license renewal is 36 contact hours (3.6 CEUs) for renewal of a full three year license. Licensees renewing for the first time after the license was originally issued, or for the first time after a reactivation, will need 24 contact hours (2.4 CEUs) completed after the effective date printed on the wallet card.

MEMBERS OF THE IOWA BOARD OF NURSING May 1, 2011 - April 30, 2012

	TERM ENDS
Jane E. Hasek, RN, EdD, Chairperson 301 Commercial Street, Box 224 Reinbeck, IA 50669 (Nursing Education)	2013
Mark L. Hilliard, MSN, ARNP, Vice Chairperson 8065 Briargate Court Johnston, IA 50131 (Nursing Practice)	2013
Clyde Bradley 315 33rd Avenue North Clinton, IA 52732 (Consumer)	2013
Connie K. Boyd, RN 1216 Knollcrest Drive Fort Dodge, IA 50501 (Nursing Education)	2012
Gwen Suntken, RN, MS 2445 120th Street Meservey, IA 50457-7005 (Nursing Practice)	2014
Debra Larson, LPN 2435 Crestwood Lane Marion, IA 52302-6292 (Nursing Practice)	2014
LeRoy Strohmman, DDS 120 South Roan Street Algona, IA 50511-3041 (Consumer)	2014

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COMMUNICATING WITH THE IOWA BOARD OF NURSING

The Iowa Board of Nursing requests that licensees and the public use the board web site nursing.iowa.gov or telephone verification system 515-281-3255 for 24-hour access to online license renewal and verification, address changes and general information.

Use the following contacts for specific questions. If you inquire about your licensure status or request written materials, provide the following information at the beginning of the call/message: Iowa license number, full name, mailing address, and phone number including area code.

QUESTIONS ABOUT	CONTACT
<ul style="list-style-type: none"> • Your license renewal or reactivation in process • Lost/stolen licenses • License Verification 	Phone 515-281-3264 ibon.renewal@iowa.gov
<ul style="list-style-type: none"> • Name/address changes • Application for license renewal, reactivation, or endorsement • Inactive status 	Phone 515-281-4826 ibon@iowa.gov
<ul style="list-style-type: none"> • Application forms for licensure by examination or endorsement • ARNP application and renewal • Foreign applicants for licensure • Your application in process 	Phone 515-281-6488 newnurs@iowa.gov
<ul style="list-style-type: none"> • Continuing education rules • Continuing Education provider rules 	Phone 515-281-8808 Chris.Newell@iowa.gov
<ul style="list-style-type: none"> • Special approval of Continuing Education courses • Audits • Rosters and label orders 	Phone 515-281-8258 ibon.audit@iowa.gov
<ul style="list-style-type: none"> • Disciplinary issues • Sanctioned cases 	Phone 515-281-6472 enforce@iowa.gov
<ul style="list-style-type: none"> • Iowa Board of Nursing newsletter 	Phone 515-281-4823 Margaret.Armagost@iowa.gov
<ul style="list-style-type: none"> • Scope of nursing practice in Iowa 	Phone 515-281-4828 nsgprac@iowa.gov
<ul style="list-style-type: none"> • Formal nursing education in Iowa • NCLEX® test modifications 	Phone 515-281-4828 nsgeduc@iowa.gov
<ul style="list-style-type: none"> • Nurse Licensure Compact Agreement (Multi-state license) • NCLEX accommodations 	Phone 515-281-5535 Lynn.Linder@iowa.gov

LICENSE RENEWAL . . . ONLINE

The Iowa Board of Nursing has made renewing licenses easier for many nurses in Iowa through online license renewal. Although many nurses are taking advantage of this service, there are still many more nurses who could benefit from it. There are many advantages to online renewal including:

- ✓ It is easy. Just go to the website at: nursing.iowa.gov
- ✓ All you need is your license number, social security number, date of birth, MasterCard, VISA or a debit card. Answer all the questions. Pay the \$104.00 fee, which includes a \$5.00 online convenience fee.
- ✓ It is fast. Once the online renewal process is complete your license is immediately renewed and will be mailed in three to five working days.
- ✓ It is convenient. You can renew on your computer at home, at midnight or on a holiday if you choose. If you do not have a computer at home, you could renew on the computer at your local library or at your work place.
- ✓ Your information is secured/masked to protect your privacy.
- ✓ Online renewal reduces errors. The system will not let you move forward until all questions are answered.
- ✓ Online renewal is available for RNs and LPNs only.
- ✓ Late online renewal is also available through the 15th of the month following the expiration date on the wallet card. Fee = \$154.00.

Please note that the Board does not automatically mail renewal forms or notices to nurses whose licenses are due for renewal. We encourage all nurses to consider going online to apply for renewal. We think you will be surprised at how easy it is.

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NURSE LICENSURE COMPACT

The Iowa Board of Nursing is pleased to be a member of the nurse licensure compact. This new form of licensure and regulation will better protect the public by:

- Allowing competent nurses to provide care both physical and electronically wherever care is needed;
- Providing the public ready access to and a choice of qualified nurses;
- Protecting clients against incompetent nurses or unsafe nursing care through better communication between boards of nursing, cooperative disciplinary investigations and prompt reporting of disciplinary action;
- Benefiting employers of nurses by having a more mobile workforce and a convenient centralized database for verification of licensure credentials.

Understanding the Basics

- ☑ The nurse licensure compact allows a nurse who resides in a compact state to hold ONE license in the nurse's primary state of residence and practice in all other states in which the compact is in effect. Primary state of residence is where the nurse holds a driver's license, pays taxes and/or votes.
- ☑ The compact requires the nurse to practice according to the laws and regulations of the state in which the nurse provides care where the patient is located at the time the care is provided. The practice laws and regulations for many states are available online.
- ☑ A nurse who is under discipline may be in a monitoring agreement, which restricts practice across state lines.
- ☑ If you hold a license in a COMPACT state and RESIDE in that COMPACT state, your license is a multistate license which authorizes you to practice in any other compact state.

☑ If you hold a license in a COMPACT state, but do not RESIDE in that compact state (reside in a non-compact state), your license is a single state license and it authorizes you to practice only in that compact state. For example, if you hold an Iowa nursing license, but do not live in Iowa, the license is a single state license and does not grant you the privilege to practice in any other state.

☑ If you are licensed in both Iowa and another compact state and RESIDE in the other compact state, your Iowa nursing license will be administratively placed on inactive status immediately. Only one active license can be held by a licensee among the compact states.

☑ The compact does not supersede federal law. Therefore if you are employed in military service or work for the federal government, you may continue to hold a nursing license in any state you choose. If you are working as a nurse in a nongovernmental capacity, you are required to contact the state board of nursing in that state to determine if a nursing license is required.

☑ If you **move** from one compact state to another compact state and practice nursing, you must obtain a license in your **new** home state. However, you may continue to practice under the former home state license and the multistate licensure privilege in the new home state for a period **not to exceed 30 days**.

- a. The 30-days shall begin with the date of hire/employment in the new primary state of residence.
- b. If the licensee begins employment before changing primary state of residence, the 30-days begins upon the date that the licensee establishes the new primary state of residence.

For updates on compact information or a list of compact states go to: www.ncsbn.org/nlc.htm

LPN SUPERVISION IN LONG TERM CARE FACILITIES

In order for an LPN to supervise in an intermediate or skilled health care facility, the LPN **MUST** satisfactorily complete the board approved LPN Supervisory Course within six (6) months of employment in the supervisory role. The course is designed specifically for the supervision role in the long term care patient setting. A board approved nursing program or an approved provider of continuing education must provide the course.

The area community colleges offer courses. It is the responsibility of the licensed practical nurse to maintain his or her certificate documenting completion of the course.

A licensed practical nurse is entitled to supervise without the educational requirement outlined above if the licensed practical nurse was performing in a supervisory role on or before October 6, 1982. Verification is required.

If licensees are unable to obtain the course within the first six months of employment, the LPN must write to the Board explaining the reason a waiver of the LPN Supervisory Course is being requested.

Licensed practical nurses who are enrolled full-time in a registered nurse program are not exempt from the course. However, an LPN who is a full-time student in an RN program and who is scheduled to graduate within one year, may request a waiver by writing to the board office. The request for a waiver must state the number of credit hours to be taken each semester and include the student's expected date of graduation.

Individuals who do not graduate from the RN program as scheduled or who are not successful on the RN-NCLEX® must take the next available course.



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State law requires you to keep the Board of Nursing apprised at all times of your current mailing address. Notification of NAME changes must be made in writing. For your convenience, you may utilize the following form to submit your address/name change.

Last Name: _____ SSN: _____ / _____ / _____
 First Name: _____ RN/LPN#: _____
 Middle Name: _____ Today's Date: _____
 Resident State: _____ Name Change: _____ Yes _____ No
 Previous Name: _____

OLD ADDRESS:

Home Address _____

 City _____
 State _____ Zip _____

NEW ADDRESS:

Home Address _____

 City _____
 State _____ Zip _____

- () Check here if you are on active military duty.
- () Check here if you are a Federal Employee.
- () Check here if you are an LPN currently in the process of obtaining an RN license.
- () Check here if your license expires in less than 2 months and you would like a renewal form mailed to you.

Mail to: Iowa Board of Nursing or e-mail information to: ibon@iowa.gov
 400 SW 8th St., STE B update address online: nursing.iowa.gov
 Des Moines, IA 50309

MANDATORY TRAINING ON ABUSE IDENTIFICATION AND REPORTING

Legislation passed during the 2001 Iowa General Assembly mandates that licensing boards, including the Iowa Board of Nursing, require a person (ARNP, RN, LPN), who regularly examines, attends, counsels, or treats dependent adults or children in Iowa, upon renewal of licensure to accurately document compliance with training requirements on abuse education and/or dependent adult abuse. The course must have been completed within the last 5 years. A list of approved courses is available at

www.idph.state.ia.us/bh/abuse_ed_review.asp

AGENDAS AND MINUTES ON THE WEB

All Board and Committee agendas are on our website. Agendas are posted at least 48 hours in advance of a meeting. Previous agendas will remain posted until replaced by the current agendas. Board and Committee minutes are posted at our website approximately three (3) months following the meetings.

You can reach our Agendas and Minutes at our website, nursing.iowa.gov, under "About the Board."

ALTERNATE METHODS TO VERIFY A NURSING LICENSE

Employers/Public (No Charge)

If you or your organization needs to verify a nurse license status and/or check a nurse's discipline status for employment decisions, then you may want to consider the National Council of State Boards of Nursing's secure, online verification system, Nursys® (www.nursys.com). The nursys.com Web site contains data obtained directly from the licensure systems of multiple boards of nursing through frequent, secured updates.

Employers and the general public can now verify licenses and receive a detailed report within minutes, free of charge. This report will contain the name, jurisdiction(s), license type, license number(s), compact status (multistate/single state), license status, expiration date, discipline against license and discipline against privilege to practice (PTP) of the nurse being verified. Currently, nursys.com is the only verification tool available that provides status of a multistate licensee's privilege to practice in remote Nurse Licensure Compact (NLC) jurisdictions.

Nurses (Official License Verification for a Fee)

When a nurse applies for endorsement into a state, verification of existing or previously held licenses may be required. A nurse can use [Nursys.com](http://nursys.com) to request verification of licensure from a Nursys licensure participating board. A list of licensure participating nursing boards can be found at Nursys.com.

In order to be eligible for a multistate license in the Nurse Licensure Compact (NLC), the nurse must legally reside in an NLC state. An active, unencumbered, multistate license allows the nurse to practice in all NLC jurisdictions. Questions about NLC eligibility and legal residency can be directed to the board of nursing in the nurse's state of residency.

Verifications can be processed by completing the online Nursys verification process. The fee for this service is \$30.00 per license type for each state board of nursing where the nurse is applying. Nursys license verification is sent to the endorsing board immediately. Please visit www.nursys.com for more details.

For more information, email nursys@ncsbn.org, call (312) 525-3780 or visit Nursys.com.

Additional information on the NLC is available by visiting: <https://www.ncsbn.org/nlc.htm>

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Contact Connie Brown, Administrator of Nursing, at 712-525-1438 or cbrown2@dhs.state.ia.us

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ABANDONMENT

The Iowa Board of Nursing (Board) receives numerous telephone calls from individual nurses as well as employers requesting clarification of the abandonment issue. Though the Board rules do not define the term "abandonment," the Board has investigated and disciplined nurses in the past for issues surrounding the concept of *abandonment* as it relates to *the nurse's duty to the patient*. The Iowa Board of Nursing rule that relates to this issue, Iowa Administrative Code 4.6(4)"h," states that it is unethical conduct if you fail to report to, or leave, a nursing assignment without properly notifying appropriate supervisory personnel and ensure the safety and welfare of the patient or client.

Callers also inquire if it is considered abandonment to resign from a position and give less notice than required by the facility. While this is a standard that most professionals adhere to, the Board is concerned with patient safety and will not consider it to be abandonment as long as the licensee notifies appropriate supervisory personnel and ensures the safety and welfare of the patient or client.

WHAT THE IOWA BOARD OF NURSING WANTS TO KNOW

Continued from page 1

viction. Presently licensees are asked on each license renewal application: "Have you ever pled guilty to, or been convicted of, a criminal offense, other than a minor traffic violation, since initial licensure?"

As discussed with license applicants, all convictions, guilty pleas, or deferred judgments must be disclosed if they have occurred since initial licensure. If the criminal conviction has been reviewed by the Board, a licensee shall answer affirmatively to these questions on future license applications and/or renewals and indicate the issue has been reviewed by the Board. If the conviction has not been reviewed or is a new conviction then the licensee should answer "no" to the question regarding whether the Board has reviewed the matter.

Failing to answer the criminal conviction question honestly may result in disciplinary action against a licensee by the Board.

WHAT ABOUT DISCIPLINARY ACTION AGAINST A LICENSEE ISSUED BY ANOTHER STATE BOARD OF NURSING OR OTHER LICENSING AGENCY?

A licensee is also required to notify the Board within 30 days of the date of the final decision in a disciplinary action taken by the licensing authority of another state, territory or country. The Board currently asks applicants for licensure and licensees seeking renewal the following question: "Has your license to practice nursing, or any health care profession, ever been disciplined or surrendered in this state or any other state(s)?" This question includes a duty to report discipline against any health profession license, not only LPN, RN, or ARNP licenses. If the discipline has been reviewed by the Board, a licensee shall answer affirmatively to these questions on future license applications and/or renewals and indicate the issue has been reviewed by the Board. If the discipline has not been reviewed or is new discipline then the licensee should answer "no" to the question regarding whether the Board has reviewed the matter.

Failing to answer the disciplinary action question honestly may result in disciplinary action against a licensee by the Board.

655 IAC, CHAPTER 6 – NURSING PRACTICE FOR REGISTERED NURSES/ LICENSED PRACTICAL NURSES

Amendments to Chapter 6, "Nursing Practice For Registered Nurses/Licensed Practical Nurses," Iowa Administrative Code went into effect February 16, 2011.

The amendments update and revise the current limited and expanded intravenous therapy scope of practice for the licensed practical nurse (LPN).

The rules reflect the revised course. The course has been divided into two courses.

Course One – Expanded Intravenous Therapy for the Licensed Practical Nurse. This course has been developed for the LPN taking the course for the first time. Course One incorporates content covering intravenous therapy via a peripheral intravenous catheter, midline catheter, and a PICC line.

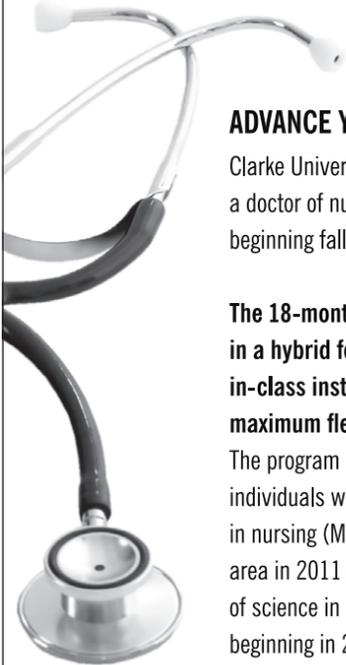
Course Two – Update to Intravenous Therapy Course. This course has been developed for the LPN who has taken the initial board-approved course prior to the revisions. Course Two incorporates content covering intravenous therapy via a midline catheter and PICC line.

The courses are now available. Contact individual Community Colleges' Departments of Continuing Education for the availability and scheduling of the courses.

The courses must be offered by an approved Iowa Board of Nursing provider of nursing continuing education.

To view Iowa Administrative Code – Chapter 6 – Nursing Practice For Registered Nurses/Licensed Practical Nurses, visit our website at nursing.iowa.gov; at the index click on *Iowa Law and Administrative Rules*, click on *655 Iowa Administrative Code Nursing Board (IBON Rules)* and follow the directions.

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SUMMARY

IOWA BOARD OF NURSING MEETING

JUNE 8-9, 2011

Board Members Present:

Jane Hasek, RN, Chairperson
Mark Hilliard, RN, Vice Chairperson
Connie Boyd, RN
Gwen Suntken, RN
LeRoy Strohmman
Debra Larson, LPN

Board Member Excused:

Clyde Bradley

Professional Staff Present:

Chris Newell, RN, Nursing Standards
Kathy Weinberg, RN, Practice/Education
Lynn Linder, Operations Officer
Dana Peterson, Chief Investigator
Doug Bartels, Enforcement
Eric Holsapple, Enforcement
Sandi Colin, RN, Enforcement
Taunya Cunningham, RN, Enforcement
Bill Hansen, Enforcement
Kathleen Beebout, RN, Enforcement
Kathy Cornwell, Secretary

Also Present:

Theresa Weeg, Assistant Attorney General
Sara Scott, Assistant Attorney General
Chantell Smith, Assistant Attorney General

Enforcement:

- The Board completed action on the following cases:

Last name	First Name	RN	LPN	Sanction
Boller	Mindy		P53665	Indefinitely Suspended
Dietschy	Danielle		P49756	Probation 12 months
Domeyer	Joyce	044771		Continuing Education 21 contact hrs
Domeyer	Joyce	044771		Fine \$1,000
Heaton	Jackie		P45848	Indefinitely Suspended
Meier	Correna		P34330	Indefinitely Suspended
Moander	Adam	110624	P43134	No Practice Until Hearing
Plaehn	Cynthia	074612	P14812	Continuing Education 60 contact hrs
Shields	Thomas	093798		Voluntary Surrender
Steiner	Marcie	111713		Continuing Education 30 contact hrs
Tannahill	Rebecca	120354		Citation & Warning
Weishuhn	Kimberly		P42584	Continuing Education 30 contact hrs

- The Board completed action on the following cases:
 - Postponed 14 scheduled hearings for cause.
 - Issued a Notice of Hearing and Statement of Charges in 43 cases.
- The Board held 8 hearings.
- The Board continued 1 hearing.

Continuing Education:

- The following providers were denied approval since the last board meeting:
 - CSV/Caremark, Northbrook, IL
 - Skilled Healthcare, LLC, Foothill Ranch, CA
- The Board approved the request submitted by Joyce Chrystal to recognize the clock hours for the course "CMS Basic Hospice Survey or Training," held January 25, 28, 2011, in Baltimore, Maryland for 24.6 contact hours.
- The Board approved the request submitted by Maureen Horsley to recognize the clock hours for the National Rural Health Association's "34th Annual Conference on Rural Health" held May 2-6, 2011, in Austin, Texas for 22.3 contact hours.
- The Board approved the request submitted by Dawn Stephenson to recognize the clock hours for an online self-study course, "Black Belt in Lean Healthcare," completed on October 12, 2010, for 36 contact hours.
- The Board voted to accept the make-up credit for the self-study course "Diabetes Care and Patient Education" for 15 contact hours submitted by Angela Ellsworth completed on April 14, 2011, from Iowa Provider #295 to satisfy the self-reported error of her continuing education requirement.
- The Board voted to accept the make-up credit for the self study course "Asthma: Nursing Care Across the Lifespan" for 28 contact hours submitted by Sandra Goodrich completed on May 2, 2011, from Provider #227 to satisfy the self-reported error of her continuing education requirement.
- The Board voted to accept the credit verifying Carrie Shepard met the continuing education requirements for her February 2011 license renewal.

Practice:

- Approved special testing accommodations during administration of the NCLEX examination submitted by J.K.
- Approved special testing accommodations during administration of the NCLEX examination submitted by J.B.
- Approved special testing accommodations during administration of the NCLEX examination submitted by M.K.
- Issued Order Number 2011-08-PR, to grant Advanced Registered Nurse Practitioner – Neonatal Nurse Practitioner registration submitted by Kathy S. King.
- Issued Order Number 2011-09-PR, to grant waiver of 655 IAC 3.5 Qualifications for License by Endorsement submitted by Benedeth Nwumeth.

Education:

- The Board approved the plans for assessment and improvement of NCLEX results by the following programs:
 - Grand View University
 - Kirkwood Community College
 - Mount Mercy University
 - Morningside College
 - University of Dubuque
 - Western Iowa Tech Community College
- The Board voted to accept the Doctor of Nursing Practice Program Progress Report submitted by Allen College, Waterloo.
- The Board voted to approve the revised Doctorate of Nursing Practice admission criteria for the admission of the non-nurse practitioner MSN prepared nurse submitted by Allen College, Waterloo.
- The Board voted to approve the following curriculum revisions submitted by Allen College, Waterloo:
 - Revised course description for NU:360 Nursing Care of the Mental Health Client.
 - Revised course description and course objectives for NU:612C Clinical Enrichment.
 - Revisions to Adult and Gerontological Nurse Practitioner Tracts:
 - Deletion of NU:590 Health Care and the Aging Population.
 - Revisions to the course descriptions and objectives to NU:685 Adult and Older Adult Nursing II and NU:690 Adult and Older Adult Nursing III.
 - Decrease of the total number of credit hours in the Adult Nurse Practitioner and Gerontological Nurse Practitioner tracks from 44 to 42.
- The Board voted to accept the Master of Science in Innovative Leadership with a Major in Nursing Progress Report submitted by Grand View University, Des Moines.
- The Board voted to accept the Associate of Science in Nursing Degree Program Interim Progress Report submitted by Kaplan University, Cedar Rapids.
- The Board voted to accept the Master of Science in Nursing Degree Program Interim Progress Report submitted by Kaplan University, Cedar Rapids.
- The Board voted to approve the addition of the Associate of Science Degree Program at Kaplan University Cedar Falls Campus, Kaplan University, Davenport.
- The Board voted to accept the Organizational Leadership DNP Program Progress Report, submitted by Graceland University, Lamoni.
- The Board voted to approve the following curriculum revisions for the DNP program submitted by Graceland University, Lamoni:
 - Delete courses:
 - NURS8110 Project Planning
 - NURS9510 and NURS9520 DNP Capstone Project I and II
 - NURS9700 Capstone Project III
 - Deleted Capstone Project I, II, III will be combined into the course NURS9700 DNP Capstone Project, 9 semester hours.
 - Change course description of NURS8120 Health Systems Policy & Regulation.
 - Addition of the course and course syllabus, NURS8140 Epidemiology.
- The Board voted to approve the following curriculum revisions for the Masters of Science Advanced Practice programs, submitted by Graceland University, Lamoni:
 - Increase NURS6830 Advanced Family Nurse Practitioner (FNP) Practicum: Family from 3 to 4 semester hours.
 - Addition of FNP course and course syllabus NURS6800 Roles and Issues for APNs.
 - Addition of Nursing Education course NURS5660 Roles and Issues for NEs.
 - Addition of Nursing Education course NURS6600 Assessment of Learning in Nursing Education.

Continued on page 8

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SUMMARY *Continued from page 7*

- e. Increase NURS6620 Curriculum Development from 3 to 4 semester hours.
- *Graceland University shall submit syllabi for the Board approval for courses NURS5660 Roles and Issues for NEs and NURS6000 Assessment of Learning in Nursing Education.
- 12. The Board voted to approve Nurse Educator 12 semester hour course of study for the MSN-FNP program submitted by Graceland University, Lamoni.
- 13. The Board voted to approve the increase in admissions in the MSN-FNP track from 45 to 60 students for the summer 2011 term, Graceland University, Lamoni.
- 14. The Board voted to accept the Master's of Science in Nursing Progress Report submitted by Mount Mercy University, Cedar Rapids.
- 15. The Board voted to approve the course and course syllabus, NU641 Technology in Health Care Systems for the MSN program, Mount Mercy University, Cedar Rapids
- 16. The Board voted to approve the RN-BSN progress report submitted by William Penn University.
- 17. The Board voted to approve the addition of the ADN program at the Newton campus, Des Moines Area Community College, Ankeny.
- 18. The Board voted to approve the course and course syllabus ADN-813 Professional Nursing Clinical submitted by Iowa Lakes Community College, Emmetsburg.
- 19. The Board voted to accept the following curriculum revisions submitted by Iowa Lakes Community College, Emmetsburg:
 - a. Name change of ADN-814 to Professional Nursing Preceptorship.
 - b. Revisions of ADN-130 Bridging into the Associate Degree Nursing Program admission criteria.
 - c. Move HSC-151 Dosage Calculations from second semester to first semester in ADN program.
- 20. The Board voted to approve the following curriculum revisions submitted by Kirkwood Community College, Cedar Rapids:
 - a. An increase in credit hours in the PN program from 41.5 credits to 46.25 credits.
 - b. An increase in credit hours in the ADN program from 76 credits to 79.25 credits.
 - c. The modifications to the PN and ADN program outcomes.
- 21. The Board voted to approve the following courses and course syllabi for the PN and ADN nursing programs submitted by Kirkwood Community College, Cedar Rapids:
 - HSC-157 Professional Roles in Health Care
 - HSC-169 Communication in the Healthcare Environment
 - PNN-128 Foundations of Nursing I
 - PNN-701 Foundations of Nursing Clinic I
 - PNN-207 Introduction to Pharmacology
 - PNN-129 Foundations of Nursing II
 - PNN-702 Foundations of Nursing II Clinic
 - PNN-436 Nursing Care of the Growing Family
 - PNN-640 Practical Nursing Capstone
 - PNN-810 Practical Nursing Leadership Clinical
 - ADN-149 Transition to Associate Degree Nursing
 - ADN-160 Nursing Care of Specific Populations
 - ADN-730 Nursing Care of Specific Patient Populations Clinical
 - ADN-170 Concepts in Nursing
 - ADN-740 Concepts in Nursing Clinical
 - ADN-180 Advanced Concepts of Nursing
 - ADN-750 Advanced Concepts of Nursing Clinical
- 22. The Board voted to approve the following curriculum revisions submitted by Northeast Iowa Community College, Peosta:
 - a. Proposed course objective modifications and proposed course guides for the courses:
 - (1) PNN270: Nutrition
 - (2) PNN204: Pharmacology
 - (3) ADN475: Comprehensive Nursing Care of the Mental Health Client
 - b. The educational plans for the academic year.
- 23. The Board voted to approve NSG430-H Neuroscience Trends course and course syllabus for the RN to BSN program submitted by Mercy College of Health Sciences, Des Moines.
- 24. The Board voted to approve the curriculum revisions and the following courses and course syllabi submitted by the University of Dubuque, Dubuque:
 - NRS307 Nursing Care of the Adult Population: Theory
 - NRS307L Nursing Care of the Adult Population: Lab
- 25. The Board voted to approve 096:xxx (NURS:XXXX) – Social Determinants of Health and Health System Inequities course and course syllabus submitted by the University of Iowa, Iowa City.

Miscellaneous:

- 1. NCLEX RN and LPN results for 1st quarter were provided.
- 2. A letter submitted by Brenda Shostrom, Coe College and response was reviewed.
- 3. Changes in the AG's office were addressed.
- 4. The Board voted to file under Notice of Intended Action, proposed amendment to 655 IAC Chapter 1 – Organization of the Board and meetings.
- 5. The Board voted to file under Notice of Intended Action, proposed amendment to 655 IAC Chapter 4 – Discipline.
- 6. Information concerning Board of Pharmacy Rules was provided.
- 7. Information concerning the Take Away Program (medication disposal program) was provided.
- 8. The following media reports were provided:
 - Obama Nominates E.E. Smith Grad for Army Surgeon General
 - Convicted Chiropractor Still Working
 - Nursing Schools Offer New Degree Options
 - Advanced Degrees in Nursing on the Rise
 - More Iowa Nurses with Higher Degrees Needed for Future

Executive Director:

- 1. Jane Hasek provided highlights regarding the midyear meeting.
- 2. The Board voted to nominate Jane Hasek and Lorinda Inman as delegates to the 2011 annual meeting.
- 3. Chris Newell gave the legislative report.

Financial Report:

Funding is adequate.

Minutes:

The Board approved the following minutes as submitted:
February 17, 2011 Conference Call

- February 23-25, 2011 Board Meeting
- April 14, 2011 Conference Call
- May 11, 2011 Conference Call
- June 2, 2011 Conference Call

SUMMARY
IOWA BOARD OF NURSING CONFERENCE CALLS

JULY 19, 2011

Board Members Present:

- Jane Hasek, RN, Chairperson
- Mark Hilliard, RN, Vice Chairperson
- Debra Larson, LPN
- Gwen Suntken, RN
- LeRoy Strohman

Board Members Excused:

- Connie Boyd, RN
- Clyde Bradley

Board Staff Present:

- Lorinda Inman, RN, Executive Director
- Chris Newell, RN, Nursing Standards
- Lynn Linder, Operations Officer
- Dana Peterson, Enforcement
- Diane Burkert, RN, Enforcement
- Eric Holsapple, Enforcement
- Kathleen Beebout, Enforcement
- Sandra Colin, RN, Enforcement
- Taunya Cunningham, Enforcement
- Kathy Cornwell, Secretary

Enforcement:

- 1. The board completed action on the following cases:

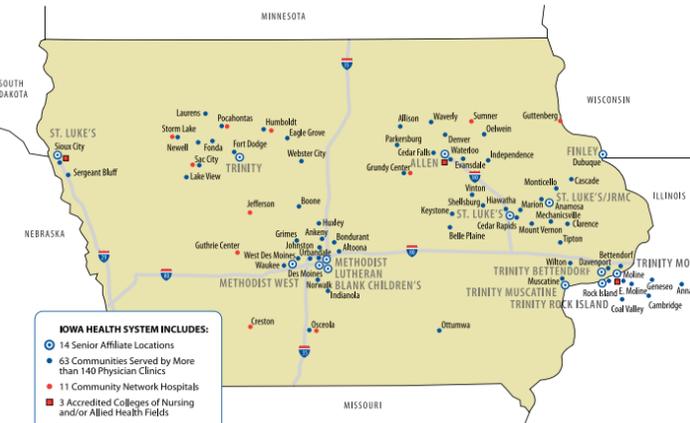
Last name	First Name	RN	LPN	Sanction	
Boehme	John	108978		Indefinitely Suspended	
Brown	Kathleen	089090	P32157	Continuing Education	30 contact hrs
Delaney	Sarah		P53747	Continuing Education	30 contact hrs
Despenas	Trixie		P52495	Indefinitely Suspended	
Evans	Cheryl	069564	P22252	Fine	\$100
Irwin	Debra		P39853	Voluntary Relinquishment	
Kaune	Karen	061115	P13653	Continuing Education	30 contact hrs
Kubal	Gretchen	102208		Fine	\$150
Magedanz	Leondra	089059		Fine	\$150
McGee	Andrea		P49973	Continuing Education	30 contact hrs
Rexroat	Mary	044933		Fine	\$150
Rogan	Cheryl	082559	P28383	Continuing Education	30 contact hrs
Smith	Jill	119605		Fine	\$100
Spurgeon	Debra	081859	P28365	Voluntary Relinquishment	
Stohlmeyer	Elizabeth	051118		Fine	\$50
Strong	Amy	101538		Continuing Education	60 contact hrs
Strong	Amy	101538		Probation	6 months

Continued on page 9


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SUMMARY *Continued from page 8*

2. The Board completed action on the following cases:
 - a. Grant 18 requests for licensure by examination.
 - b. Grant 2 requests for licensure by endorsement.
 - c. Grant 1 request for licensure reinstatement with stipulations.
 - d. Accept the Finding of Fact, Conclusion of Law, Decision and Order in 8 cases.

Education:

1. The Board voted to approve the following course syllabus for the basic BSN program, submitted by Briar Cliff University, Sioux City:
NURS 345 – Nursing Care of Clients with Acute Mental Health Issues
2. The Board voted to accept the Family Nurse Practitioner Doctorate in Nursing Practice (DNP) Program Progress Report submitted by Clarke University, Dubuque.

Practice:

1. Issued Order Number 2011-10-PR, which approves the petition requesting registration as an Advanced Registered Nurse Practitioner – Family Nurse Practitioner submitted by Lecia Ann Vitosh.
2. Approved the special testing accommodations during the administration of the NCLEX RN® exam submitted by J.E.
3. Approved the special testing accommodations during the administration of the NCLEX RN® exam submitted by N.G.

Miscellaneous:

Scheduled next conference call for August 9, at 3:00 p.m.



AUGUST 9, 2011

Board Members Present:

- Jane Hasek, RN, Chairperson
- Mark Hilliard, RN, Vice Chairperson
- Debra Larson, LPN
- Gwen Suntken, RN
- LeRoy Strohmman
- Clyde Bradley

Board Members Excused:

- Connie Boyd, RN

Board Staff Present:

- Lorinda Inman, RN, Executive Director
- Lynn Linder, Operations Officer
- Dana Peterson, Enforcement
- Doug Bartels, Enforcement
- Kathleen Beebout, Enforcement
- Diane Burkert, RN, Enforcement
- Sandra Colin, RN, Enforcement
- Taunya Cunningham, Enforcement
- Eric Holsapple, Enforcement
- Kathy Cornwell, Secretary

Enforcement:

1. The board completed action in the following cases:

Last name	First Name	RN	LPN	Sanction
Barker	Joshua	123305	P42143	Continuing Education 30 contact hrs
Edgar	Diane	124167	P24337	Indefinitely Suspended
Eslinger	Shelly		P34295	Voluntary Relinquishment
Field	Christy	083887		Fine \$150
Fredericksen	Miranda	127485	P51615	Continuing Education 30 contact hrs
Garrett	Marsha		P36447	Continuing Education 30 contact hrs
Gill	Teresa	125972		Citation & Warning
Huebner	Cheryl	089394	P33752	Fine \$100
Krueger	Sheila	070588		Continuing Education 30 contact hrs
Kuiper	Diane	081577	P28194	Continuing Education 30 contact hrs
Marlette	Carrie	127303	P52887	Continuing Education 30 contact hrs
Myers	Ann	072703		Fine \$200
Schroeder	Laurie		P44462	Voluntary Relinquishment
Simon	Toni		P51709	Continuing Education 30 contact hrs
Thompson	Molly	126904		Continuing Education 30 contact hrs
Turner	Jamie		P25743	Voluntary Relinquishment
Waldman	Nicole	091630		Voluntary Relinquishment
Wise	Trudi		P31991	Probation 12 months

2. The Board completed action on the following cases:
 - a. Postponed 2 scheduled hearings for cause.
 - b. Grant 15 requests for licensure by examination.
 - c. Deny 1 request for licensure by examination.

Practice:

Approved the special testing accommodations during the administration of the NCLEX RN® exam submitted by D.M.

Miscellaneous:

Scheduled next conference call for September 1, 2011, at 2:00 p.m.



SEPTEMBER 1, 2011

Board Members Present:

- Jane Hasek, RN, Chairperson
- Connie Boyd, RN
- Debra Larson, LPN
- Gwen Suntken, RN
- LeRoy Strohmman
- Clyde Bradley

Board Members Excused:

- Mark Hilliard, RN, Vice Chairperson

Board Staff Present:

- Lorinda Inman, RN, Executive Director
- Lynn Linder, Operations Officer
- Dana Peterson, Enforcement
- Doug Bartels, Enforcement
- Kathleen Beebout, RN, Enforcement
- Diane Burkert, RN, Enforcement
- Sandra Colin, RN, Enforcement
- Taunya Cunningham, RN, Enforcement
- Eric Holsapple, Enforcement
- Kathy Cornwell, Secretary

Enforcement:

1. The board completed action in the following cases:

Last name	First Name	RN	LPN	Sanction
Aamaas	Theresa	126270	P51129	Continuing Education 15 contact hrs
Baker	Kimberly	084197		Citation & Warning
Ferry	John		P46064	Continuing Education 5.5 contact hrs
Ferry	John		P46064	Fine \$1,000
Fruehling	Stacia	101715		Indefinitely Suspended
Jones	Robin		P46858	Fine \$50
Knight	Anne	099827		Indefinitely Suspended
Kress	Connie	090620	P33788	Probation 6 months
Kress	Connie	090620	P33788	Continuing Education 30 contact hrs
Lee	Kathleen	100618		Indefinitely Suspended
Malmgrem	Amy	120053		Fine \$100
Marlin	Deborah	075305		Continuing Education 30 contact hrs
McNaughton	Michael	082822		Continuing Education 30 contact hrs
McNaughton	Michael	082822		Fine \$1,000
McOwen	Susan		P47379	Probation 12 months
Peterson	Jessica	112612	P45938	Fine \$50
Powers	Kathleen	052201	P11798	Fine \$350
Rissman	Stephanie		P52528	Indefinitely Suspended
Roman	Robert	123630		Probation 12 months
Salem	Brandyn	127631		Continuing Education 30 contact hrs
Skogsberg	Thomasena		P54692	Continuing Education 30 contact hrs
Sowers	Barbara	094571		Voluntary Relinquishment
Stane	Dawn	090303		Continuing Education 30 contact hrs
Weston-Peters	Cynthia	065585		Fine \$100
Wright	Craig	073553		Voluntary Relinquishment

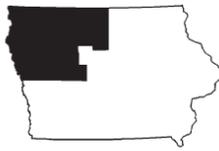
2. The Board completed action on the following cases:
 - a. Grant 2 requests for licensure by endorsement.
 - b. Grant 17 requests for licensure by examination.
 - c. Closed 171 cases for lack of probable cause.

Practice:

1. Approved the special testing accommodations during the administration of the NCLEX LPN® examination submitted by A.B.
2. Approved the special testing accommodations during the administration of the NCLEX LPN® examination submitted by L.D.

– CONTINUING EDUCATION OFFERINGS –

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ABBREVIATIONS

Spon:	Sponsor	Reg. by:	Register by
Fac:	Faculty	TBA:	To be announced
Aud:	Audience	NG:	Not Given
inc:	includes/including		
MEC:	Medical Education Collaborative		

November 2; 8 am-3 pm; Sioux City

Advanced Cardiovascular Life Support Renewal. Spon: Mercy Med Cntr – Sioux City. Contact: Nora Van Peurse, (712) 279-2163. Fac: Nora Van Peurse, BSN, RN, CCRN. Aud: RNs. ACLS Renewal Class improves the quality of care provided to the adult victim, both in or out of the hospital, of cardiac arrest or other cardiopulmonary emergencies per Amer Heart Assoc guidelines. Fee: \$125. Reg. by: NG. CEUs: 0.75.

November 3; 8 am-4:30 pm; Sioux City

Advanced Cardiovascular Life Support Renewal. Spon: St. Luke's Reg Med Cntr. Contact: Collette Bird, (712) 279-3554. Fac: Jennifer Heuertz, RN. Aud: RNs/LPNs. The Advanced Cardiovascular Life Support Course teaches healthcare professionals how to manage a cardiac arrest and similar life-threatening emergencies acc to the Amer Heart Assoc guidelines. Fee: \$110. Reg. by: Oct 24. CEUs: 0.65.

November 9 and 10; 8 am-3 pm; Sioux City

Advanced Cardiovascular Life Support Provider. Spon: Mercy Med Cntr – Sioux City. Contact: Nora Van Peurse, (712) 279-2163. Fac: Nora Van Peurse, BSN, RN, CCRN. Aud: RNs. ACLS Provider Class improves the quality of care provided to the adult victim, both in or out of the hospital, of cardiac arrest or other cardiopulmonary emergencies per Amer Heart Assoc guidelines. Fee: \$175. Reg. by: NG. CEUs: 1.26.

November 10; 8-11:45 am; Sioux City

Mental Health Seminar. Spon: St. Luke's Reg Med Cntr. Contact: Rose Weber, (712) 279-3235. Fac: Dan Gillette, MD, SM, DFAPA, FACHE. Aud: Mental Health, General Nursing staff. Examines the challenges professionals face when working with youth and ADHD and provides understanding of Borderline Personality Disorder. Fee: \$50; \$60 after Nov 3. Reg. by: Nov 10. CEUs: 0.36.

November 10; 12:30-4:15 pm; Sioux City

Mental Health Seminar. Spon: St. Luke's Reg Med Cntr. Contact: Rose Weber, (712) 279-3235. Fac: Wade Kuehl. Aud: Mental Health, General Nursing staff. Focus on the treatment of persons with Borderline Personality Disorder, with an emphasis on specific intervention strategies that professionals can use in the treatment of BPD. Fee: \$50; \$60 after Nov 3. Reg. by: Nov 10. CEUs: 0.36.

November 14; 8 am-1 pm; Sioux City

Basic Life Support (BLS) Provider. Spon: Mercy Med Cntr – Sioux City. Contact: Nora Van Peurse, (712) 279-2163. Fac: Fran Myhre. Aud: RNs/LPNs. Basic Life Support (BLS) Provider Class for Healthcare Providers prepares a wide variety of healthcare professionals to recognize several life-threatening emergencies and to provide CPR, use an AED, and relieve choking in a safe, timely, and effective manner per Amer Heart Assoc guidelines. Fee: \$85. Reg. by: NG. CEUs: 0.6.

November 16; 8 am-3 pm; Sioux City

Pediatric Advanced Life Support Renewal. Spon: Mercy Med Cntr – Sioux City. Contact: Nora Van Peurse, (712) 279-2163. Fac: Nora Van Peurse, BSN, RN, CCRN. Aud: RNs. PALS Renewal Class is designed to aid the pediatric healthcare provider in developing the knowledge and skills necessary to evaluate and manage seriously ill infants and children per Amer Heart Assoc guidelines. Fee: \$125. Reg. by: NG. CEUs: 0.75.

November 16 and 17; 8 am-4:30 pm; Sioux City

Advanced Cardiovascular Life Support Provider. Spon: St. Luke's Reg Med Cntr. Contact: Collette Bird, (712) 279-3554. Fac: Jennifer Heuertz, RN. Aud: RNs/LPNs. The Advanced Cardiovascular Life Support Course teaches Healthcare Professionals how to manage a cardiac arrest and similar life-threatening emergencies acc to the Amer Heart Assoc guidelines. Fee: \$160. Reg. by: Oct 1. CEUs: 1.2.

November 22; 8 am-4:30 pm; Sioux City

Advanced Cardiovascular Life Support Renewal. Spon: St. Luke's Reg Med Cntr. Contact: Collette Bird, (712) 279-3554. Fac: Jennifer Heuertz, RN. Aud: RNs/LPNs. The Advanced Cardiovascular Life Support Course teaches Healthcare Professionals how to manage a cardiac arrest and similar life-threatening emergencies acc to the Amer Heart Assoc guidelines. Fee: \$110. Reg. by: Nov 14. CEUs: 0.65.

November 29; 1:15-4:30 pm; Spencer

Hands-On Learning: CMS. Spon: Creative Solutions Unlimited, Inc. Contact: Belva Sheriff, (641) 892-4466, ext 124. Fac: Mary Madison, RN, RAC-CT, CDP. Aud: Nurses who use the Dextrosity® suite to participate in the CMS survey process. Knowledge/skills needed to develop/maintain quality LTC documentation in prep for, and working with, CMS Survey Teams; gain a better understanding of survey process and increase skills and efficiency working in the Dextrosity® CMS module. Fee: \$69. Reg. by: 3 business days prior. CEUs: 0.33.

November 30; 8 am-12:30 pm; Sioux City

Basic Life Support Healthcare Provider. Spon: St. Luke's Reg Med Cntr. Contact: Collette Bird, (712) 279-3554. Fac: Collette Bird, BSN, RN. Aud: RNs/LPNs. The Basic Life Support Healthcare Provider course teaches Healthcare Professionals the lifesaving skills of cardiopulmonary resuscitation (CPR) for adults, children and infants, use of an AED and relief of foreign body airway obstruction following the Amer Heart Assoc guidelines. Fee: \$72. Reg. by: Nov 21. CEUs: 0.48.

tation (CPR) for adults, children and infants, use of an AED and relief of foreign body airway obstruction following the Amer Heart Assoc guidelines. Fee: \$72. Reg. by: Nov 21. CEUs: 0.48.

November 30; 8:15-11:30 am; Spencer

Hands-On Learning: CMS. Spon: Creative Solutions Unlimited, Inc. Contact: Belva Sheriff, (641) 892-4466, ext 124. Fac: Mary Madison, RN, RAC-CT, CDP. Aud: Nurses who use the Dextrosity® suite to participate in the CMS survey process. Knowledge/skills needed to develop/maintain quality LTC documentation in prep for, and working with, CMS Survey Teams; gain a better understanding of survey process and increase skills and efficiency working in the Dextrosity® CMS module. Fee: \$69. Reg. by: 3 business days prior. CEUs: 0.33.

December 1; 8 am-3 pm; Sioux City

Pediatric Advanced Life Support Renewal. Spon: Mercy Med Cntr – Sioux City. Contact: Nora Van Peurse, (712) 279-2163. Fac: Nora Van Peurse, BSN, RN, CCRN. Aud: RNs. PALS Renewal Class is designed to aid the pediatric healthcare provider in developing the knowledge and skills necessary to evaluate and manage seriously ill infants and children per Amer Heart Assoc guidelines. Fee: \$125. Reg. by: NG. CEUs: 0.75.

December 6 and 7; 8 am-4:30 pm; Sioux City

Pediatric Advanced Life Support – Provider. Spon: St. Luke's Reg Med Cntr. Contact: Collette Bird, (712) 279-3554. Fac: Tammy Noble, RN. Aud: RNs/LPNs. The Pediatric Advanced Life Support course teaches Healthcare Professionals how to manage emergency situations involving the pediatric patient and follows the guidelines of the Amer Heart Assoc and the Amer Acad of Peds. Fee: \$160. Reg. by: Nov 21. CEUs: 1.23.

December 7; 8 am-3 pm; Sioux City

Advanced Cardiovascular Life Support Renewal. Spon: Mercy Med Cntr – Sioux City. Contact: Nora Van Peurse, (712) 279-2163. Fac: Nora Van Peurse, BSN, RN, CCRN. Aud: RNs. ACLS Renewal class improves the quality of care provided to the adult victim, both in or out of the hospital, of cardiac arrest or other cardiopulmonary emergencies

Continued on page 11



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– CONTINUING EDUCATION OFFERINGS –

REGION I *Continued from page 10*

per Amer Heart Assoc guidelines. Fee: \$125. Reg. by: NG. CEUs: 0.75.

December 12; 8 am-1 pm; Sioux City

Basic Life Support (BLS) Provider. Spon: Mercy Med Cntr – Sioux City. Contact: Nora Van Peurse, (712) 279-2163. Fac: Fran Myhre. Aud: RNs/LPNs. Basic Life Support (BLS) Provider Class for Healthcare Providers prepares a wide variety of healthcare professionals to recognize several life-threatening emergencies and to provide CPR, use an AED, and relieve choking in a safe, timely, and effective manner per Amer Heart Assoc guidelines. Fee: \$85. Reg. by: NG. CEUs: 0.6.

January 12; 8 am-3 pm; Sioux City

Advanced Cardiovascular Life Support Renewal. Spon: Mercy Med Cntr – Sioux City. Contact: Nora Van Peurse, (712) 279-2163. Fac: Nora Van Peurse, BSN, RN, CCRN. Aud: RNs. ACLS Renewal Class improves the quality of care provided to the adult victim, both in or out of the hospital, of cardiac arrest or other cardiopulmonary emergencies per Amer Heart Assoc guidelines. Fee: \$125. Reg. by: NG. CEUs: 0.75.

January 16; 8 am-1 pm; Sioux City

Basic Life Support (BLS) Provider. Spon: Mercy Med Cntr – Sioux City. Contact: Nora Van Peurse, (712) 279-2163. Fac: Fran Myhre. Aud: RNs/LPNs. Basic Life Support (BLS) Provider Class for Healthcare Providers prepares a wide variety of healthcare professionals to recognize several life-threatening emergencies and to provide CPR, use an AED, and relieve choking in a safe, timely, and effective manner per Amer Heart Assoc guidelines. Fee: \$85. Reg. by: NG. CEUs: 0.6.

January 18 and 19; 8 am-3 pm; Sioux City

Pediatric Advanced Life Support Provider. Spon: Mercy Med Cntr – Sioux City. Contact: Nora Van Peurse, (712) 279-2163. Fac: Nora Van Peurse, BSN, RN, CCRN. Aud: RNs. PALS Provider Class is designed to aid the pediatric healthcare provider in developing the knowledge and skills necessary to evaluate and manage seriously ill infants and children per Amer Heart Assoc guidelines. Fee: \$175. Reg. by: NG. CEUs: 1.26.

January 25; 8 am-4:15 pm; Sioux City

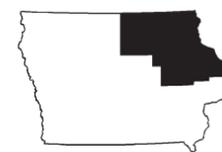
38th Annual Perinatal Conference. Spon: St. Luke's Reg Med Cntr. Contact: Rose Weber, (712) 279-3235. Fac: Dr. deMeilo, Phoenix Children's Hosp. Aud: Pediatric/Perinatal Nurses, Nurse Practitioners, General Nursing staff. Enhance patient outcomes by providing info on a variety of topics to those who provide perinatal care to mothers, newborns and their families. Fee: \$85; \$95 after Jan 18. Reg. by: Jan 18. CEUs: 0.72.

January 27; 8 am-3 pm; Sioux City

Pediatric Advanced Life Support Renewal. Spon: Mercy Med Cntr – Sioux City. Contact: Nora Van Peurse, (712) 279-2163. Fac: Nora Van Peurse, BSN, RN, CCRN. Aud: RNs. PALS Renewal Class is designed to aid the pediatric healthcare provider in developing the knowledge and skills necessary to evaluate and manage seriously ill infants and children per Amer Heart Assoc guidelines. Fee: \$125. Reg. by: NG. CEUs: 0.75.

REGION II

NORTHEAST COUNTIES OF IOWA



Allamakee, Benton, Black Hawk, Bremer, Buchanan, Butler, Cerro Gordo, Chickasaw, Clayton, Delaware, Dubuque, Fayette, Floyd, Franklin, Howard, Jackson, Jones, Linn, Mitchell, Winneshek, Worth.

ABBREVIATIONS

Spon:	Sponsor	Reg. by:	Register by
Fac:	Faculty	TBA:	To be announced
Aud:	Audience	NG:	Not Given
inc:	includes/including	NR:	Nonresident
HCC:	Hawkeye Community College		
KCC:	Kirkwood Community College		
MEC:	Medical Education Collaborative		
NEICC:	Northeast Iowa Community College		
NIACC:	North Iowa Area Community College		
RHEC:	Regional Health Education Center		

November 7 and 8; 8 am-3 pm each day; Cedar Rapids

Basic Dysrhythmia Recognition Course. Spon: St. Luke's Hosp CR. Contact: Vicky Richards, (319) 369-8750. Fac: Debra Zastrow, RN. Aud: RNs. To provide an understanding of basic rhythm interpretation for the monitored patient. Fee: \$35. Reg. by: Oct 24. CEUs: 1.4.

November 8; 6:30-8:45 pm; Cedar Rapids

Dependent Adult Abuse and Mandatory Reporting. Spon: KCC. Contact: Laura Daman, (319) 398-5626. Fac: TBA. Aud: RNs/LPNs. This course meets the training requirement for mandatory reporters who work with dependent adults on a regular basis. Fee: \$29. Reg. by: Nov 7. CEUs: 0.2.

November 9; 1:15-4:30 pm; Cedar Falls

Hands-On Learning: CMS. Spon: Creative Solutions Unlimited, Inc. Contact: Belva Sheriff, (641) 892-4466, ext 124. Fac: Mary Madison, RN, RAC-CT, CDP. Aud: Nurses who use the Dextrosity® suite to participate in the CMS survey process. Knowledge/skills needed to develop/maintain quality LTC documentation in prep for, and working with, CMS Survey Teams; gain a better understanding of survey process and increase skills and efficiency working in the Dextrosity® CMS module. Fee: \$69. Reg. by: 3 business days prior. CEUs: 0.33.

November 10; 8:15-11:30 am; Cedar Falls

Hands-On Learning: CMS. Spon: Creative Solutions Unlimited, Inc. Contact: Belva Sheriff, (641) 892-4466, ext 124. Fac: Mary Madison, RN, RAC-CT, CDP. Aud: Nurses who use the Dextrosity® suite to participate in the CMS survey process. Knowledge/skills needed to develop/maintain quality LTC documentation in prep for, and working with, CMS Survey Teams; gain a better understanding of survey process and increase skills and efficiency working in the Dextrosity® CMS module. Fee: \$69. Reg. by: 3 business days prior. CEUs: 0.33.

November 16; 9 am-3:15 pm; Cedar Rapids

Preventing Maternal Death – Are You Ready. Spon: KCC. Contact: Laura Daman, (319) 398-5626. Fac: TBA. Aud: RNs/LPNs. This workshop, facilitated by a certified OB nurse, assists participants in reviewing and planning events identified in the *Sentinel Event Alert: Preventing Maternal Death* through lecture, discussion and hands-on practice utilizing the Healthcare Simulation Cntr. Fee: \$89. Reg. by: Nov 15. CEUs: 0.6.

Continued on page 12

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- CONTINUING EDUCATION OFFERINGS -

REGION 2 *Continued from page 11*

November 21; 9 am-4 pm; Cedar Rapids

Advanced Rhythms. Spon: St. Luke's Hosp CR. Contact: Vicky Richards, (319) 369-8750. Fac: Deb Zastrow, RN. Aud: RNs. To introduce difficult rhythms and analyze their significance in the clinical setting. Fee: \$25. Reg. by: Nov 7. CEUs: 0.71.

November 29 and 30; Cedar Rapids

**Time: November 29: 7:30 am-4 pm;
November 30: 7:30-11:30 am**

ACLS Provider Course. Spon: St. Luke's Hosp CR. Contact: Vicky Richards, (319) 369-8750. Fac: Jennifer Houlihan, RN. Aud: RNs. Offers participants the knowledge and skills for their professional role in resuscitation. Fee: \$100. Reg. by: Oct 29. CEUs: 1.02.

November 30; 6-9 pm; Cedar Rapids

Attachment and Emotional Bonds. Spon: KCC. Contact: Laura Daman, (319) 398-5626. Fac: TBA. Aud: RNs/LPNs. Improve your understanding of the importance of healthy emotional attachments and bonding between parents or caregivers and young children. Fee: \$59. Reg. by: Nov 29. CEUs: 0.33.

December 9 and 10; Cedar Rapids

Time: December 9: 8 am-4 pm;

December 10: 8 am-12 noon

Nursing Boot Camp. Spon: KCC. Contact: Laura Daman, (319) 398-5626. Fac: TBA. Aud: RNs. Designed to refresh hands-on skills for registered nurses who haven't been practicing nursing for an extended period; inc safe body mechanics, safe medication admin and key factors in physician-nurse communications as it applies to patient care; revisits clinical skills/concepts such as IV therapy, Foley catheters/sterile technique, phlebotomy. Students will use the Kirkwood Healthcare Simulation Cntr. Fee: \$79. Reg. by: Dec 8. CEUs: 0.75.

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REGION III

SOUTHWEST COUNTIES OF IOWA



Adair, Adams, Audubon, Cass, Clarke, Decatur, Fremont, Guthrie, Harrison, Lucas, Madison, Mills, Montgomery, Page, Pottawattamie, Ringgold, Shelby, Taylor, Union, Warren, Wayne.

ABBREVIATIONS

Spon:	Sponsor	Reg. by:	Register by
Fac:	Faculty	TBA:	To be announced
Aud:	Audience	NG:	Not Given
inc:	includes/including	NR:	Nonresident
MEC:	Medical Education Collaborative		
IWCC:	Iowa Western Community College		

November 4; 9 am-4 pm; Council Bluffs

Finding Ways to Survive and Thrive: Improving Attitudes in the Healthcare Workplace During the Holiday Season and the Long Upcoming Winter Months. Spon: IWCC. Contact: Cheryl Heining, (712) 325-3265. Fac: John Mulvaney, MS. Aud: RNs/LPNs. This program will focus on major challenges in terms of morale and productivity including conflict resolution, managing behaviors, managing stress levels. Fee: \$70 (inc tuition/handouts/box lunch/refreshments). Reg. by: Nov 1. CEUs: 0.7.

November 10; 9 am-12:15 pm; Council Bluffs

Seeing Our Way Through Processing. Spon: IWCC. Contact: Cheryl Heining, (712) 325-3265. Fac: Mary Anne Kuk, MSHC, RT. Aud: RNs/LPNs. Identify x-ray composition, processing area location and basic difference between manual and automatic processing. Fee: \$35 (inc tuition/handouts/refreshments). Reg. by: Nov 7. CEUs: 0.35.

November 15; 9 am-4 pm; Council Bluffs

Alzheimer's Dementia, Depression and Behavioral Management. Spon: IWCC. Contact: Cheryl Heining, (712) 325-3265. Fac: Virginia Smith, RN, BSN. Aud: RNs/LPNs. Gain a basic knowledge and understanding of normal aging of the body, depression and Alzheimer's Disease. Fee: \$70 (inc tuition/handouts/box lunch/refreshments). Reg. by: Nov 11. CEUs: 0.7.

December 9; 9 am-4 pm; Council Bluffs

Get Your Point Heard. Spon: IWCC. Contact: Cheryl Heining, (712) 325-3265. Fac: Carol Horner, BA. Aud: RNs/LPNs. Review and grow the skills of trying to get others to consider your ideas or acknowledge your point of view and new points of view especially in a multidisciplinary team. Fee: \$70 (inc tuition/handouts/box lunch/refreshments). Reg. by: Dec 6. CEUs: 0.7.

January 13; 9 am-4 pm; Council Bluffs

Eliminating Cabin Fever in Healthcare and Working with Difficult People. Spon: IWCC. Contact: Cheryl Heining, (712) 325-3265. Fac: John Mulvaney, MS. Aud: RNs/LPNs. This program will explore strategies for managing difficult behaviors and mood swings extremely common during the winter cold and flu season. Fee: \$70 (inc tuition/handouts/box lunch/refreshments). Reg. by: Jan 10. CEUs: 0.7.

January 14 - February 25 (Saturdays); 8 am-4:30 pm; Council Bluffs

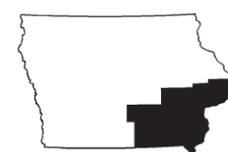
Expanded IV Therapy for the LPN. Spon: IWCC. Contact: Cheryl Heining, (712) 325-3265. Fac: Janet Teten, MSN, BSN, RN. Aud: RNs/LPNs. Prepares LPNs to perform procedures related to the expanded scope of IV therapy in licensed hospital, licensed skilled nursing facility and certified end-state renal dialysis unit. Fee: \$475 (inc tuition/handouts). Reg. by: Jan 6. CEUs: 5.0.

January 24; 9 am-4 pm; Council Bluffs

Looking on the Bright Side. Spon: IWCC. Contact: Cheryl Heining, (712) 325-3265. Fac: Carol Horner, BA. Aud: RNs/LPNs. Examine optimism as an emotional competence that leads to increased influence, productivity and happiness when working in the Healthcare field. Fee: \$70 (inc tuition/handouts/box lunch/refreshments). Reg. by: Jan 20. CEUs: 0.7.

REGION IV

SOUTHEAST COUNTIES OF IOWA



Appanoose, Cedar, Clinton, Davis, Des Moines, Henry, Iowa, Jefferson, Johnson, Keokuk, Lee, Louisa, Mahaska, Marion, Monroe, Muscatine, Scott, Van Buren, Wapello, Washington.

ABBREVIATIONS

Spon:	Sponsor	Reg. by:	Register by
Fac:	Faculty	TBA:	To be announced
Aud:	Audience	NG:	Not Given
inc:	includes/including	NR:	Nonresident
KCC:	Kirkwood Community College		
MEC:	Medical Education Collaborative		
UIHC:	University of Iowa Hospital and Clinics		

November 1; 9 am-4 pm; Iowa City

Basic Fetal Monitoring. Spon: UIHC Dept of Nsg. Contact: Karen Marek, (319) 356-4304. Fac: Jeana Andrew, RN, MSN and Amy Sanborn, RNC, BSN; Dept of Nsg, Univ of IA Hosps and Clinics. Aud: RNs working in obstetrics. To provide basic info on methods of fetal monitoring, recognition of changes/interventions to assist in the mgmnt of patients, and documentation issues. Fee: TBA. Reg. by: Oct 11. CEUs: 0.65.

November 2; 8 am-4 pm; Iowa City

The Ultimate One-Day Diabetes Course. Spon: CMI Educ Inst, Inc. Contact: Customer Service, 1-800-843-7763. Fac: Lisa Kiblinger, RN, MS, CDE. Aud: RNs/LPNs. Please join Lisa Kiblinger as she addresses diabetes related complications, nutrition, exercise plans, and medication for mgmnt of diabetes. Fee: \$189. Reg. by: N/A. CEUs: 0.76.

November 3 and 4; Iowa City

**Time: November 3: 8 am-4 pm;
November 4: 8 am-2:45 pm**

Fundamentals of Chemotherapy and the Patient Experience. Spon: UIHC Dept of Nsg. Contact: Karen Marek, (319) 356-4304. Fac: Univ of IA Hosps and Clinics staff. Aud: RNs providing chemotherapy. This two-day program is designed to enhance the nurse's understanding of chemotherapy and care of patients receiving chemotherapy. Fee: TBA. Reg. by: Oct 13. CEUs: 1.35.

November 3 and 4; 7:15 am-5:30 pm; Iowa City

TNCC Provider Course. Spon: Mercy Iowa City. Contact: Mercy On Call, 1-800-358-2767. Fac: Qualified TNCC instructors. Aud: RNs. This intense course will provide standardized training according to the Trauma Nurse Core Course curriculum. Fee: \$200 (inc all course mat'ls, recording fees - local and national). Reg. by: Preferred by Oct 1. CEUs: 1.5.

November 4; 7:30 am; Davenport

5th Annual Recognizing the Specialty of Medical Surgical Nursing Conference. Spon: Genesis Med Cntr. Contact: Anne Pauly, (563) 421-2282. Fac: Judy Collins, BSN, MA in Nsg. Aud: RNs/LPNs. To highlight the clinical specialty of medical surgical nursing by presenting topics pertinent to the care of hospitalized medical/surgical patients. Fee: \$75. Reg. by: Nov 1. CEUs: 0.6.

Continued on page 13

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– CONTINUING EDUCATION OFFERINGS –

REGION 4 *Continued from page 12*

November 8; 8 am-4:15 pm; Iowa City

Site Specific Oncology Clinical Enrichment: Solid Tumors. Spon: UIHC Dept of Nsg. Contact: Karen Marek, (319) 356-4304. Fac: Univ of IA Hosps and Clinics staff. Aud: RNs/LPNs. The purpose of this class is to provide info on cancer site specific solid tumors and hematological diseases inc etiology, diagnosis, treatment, symptom mgmt and expected outcomes. Fee: TBA. Reg. by: Oct 18. CEUs: 0.8.

November 19 and 21; Iowa City

Time: November 19: 8 am-noon;

November 21: 3:30-6:30 pm

Basic Life Support Provider Course. Spon: Mercy Iowa City. Contact: Mercy On Call, 1-800-358-2767. Fac: BLS approved instructors. Aud: RNs. To successfully demonstrate BLS skills and protocols acc to the AHA guidelines. Fee: \$45. Reg. by: Preferred by Nov 1. CEUs: 0.4.

November 29; 8 am-3:45 pm; Coralville

Partners in Pediatric Palliative Care: Hospital and Community Collaboration. Spon: UIHC Dept of Nsg and Peds Palliative Care. Contact: Sara English, (319) 356-4107. Fac: Joan "Jody" Chrastek, DNP, RN, CHPN, Children's Hosps and Clinics of MN. Aud: RNs/LPNs. Intro to important topics in pediatric palliative care in hosp and community settings; inc pediatric palliative care at UI Children's Hosp and in the community, managing distressing symptoms, compassion fatigue, case studies and ethics discussion, and family experiences. Fee: \$100 (\$75 if postmarked by Oct 1). Reg. by: Nov 8. CEUs: 0.69.

January 17; 8 am-3:30 pm; Iowa City

Breastfeeding: New Pathways for Evidence-Based Practice. Spon: CMI Educ Inst, Inc. Contact: Customer Service, 1-800-843-7763. Fac: Dawn M. Kersula, MA, RN, LCCE, FACCE, IBCLC. Aud: RNs/LPNs. Drawing on her extensive clinical breastfeeding practice, Dawn is delighted to share her knowledge and expertise to assist you in developing strategies that will lead to breastfeeding success. Fee: \$189. Reg. by: N/A. CEUs: 0.72.

REGION V CENTRAL COUNTIES OF IOWA



Boone, Dallas, Grundy, Hamilton, Hardin, Jasper, Marshall, Polk, Poweshiek, Story, Tama, Webster.

ABBREVIATIONS

Spon:	Sponsor	Reg. by:	Register by
Fac:	Faculty	TBA:	To be announced
Aud:	Audience	NG:	Not Given
inc:	includes/including	NR:	Nonresident

HCC: Hawkeye Community College
INA: Iowa Nurses' Association
MEC: Medical Education Collaborative
UIHC: University of Iowa Hospital and Clinics

November 1; 8 am-4 pm; Des Moines

Endocrine Disorders. Spon: DMACC. Contact: Jaime Wheelock, (515) 964-6353 for info or (515) 964-6800 to reg. Fac: M.J. Potratz, RN, MSN. Aud: NG. Overview of endocrine disorders and treatment. (CRN #16068; delivered via ICN). Fee: \$58. Reg. by: Oct. CEUs: 0.7.

November 2; 8 am-4 pm; Des Moines

The Orthopaedic Patient. Spon: CMI Educ Inst, Inc. Contact: Customer Service, 1-800-843-7763. Fac: Jeffery Temple, CFNP-OPA. Aud: RNs/LPNs. Jeffery Temple, CFNP-OPA, will share with you the latest advances in orthopaedic care, reviewing the essential components of a complete orthopaedic evaluation. Fee: \$169. Reg. by: N/A. CEUs: 0.76.

November 3; 8 am-4 pm; Des Moines

The Ultimate One-Day Diabetes Course. Spon: CMI Educ Inst, Inc. Contact: Customer Service, 1-800-843-7763. Fac: Lisa Kiblinger, RN, MS, CDE. Aud: RNs/LPNs. Please join Lisa Kiblinger as she addresses diabetes related complications, nutrition, exercise plans, and medication for mgmt of diabetes. Fee: \$189. Reg. by: N/A. CEUs: 0.76.

November 8; 8 am-4 pm; Des Moines

Gastrointestinal Disorders. Spon: DMACC. Contact: Jaime Wheelock, (515) 964-6353 for info or (515) 964-6800 to reg. Fac: M.J. Potratz. Aud: NG. Overview of gastrointestinal disorders and treatments. (CRN #16075; delivered via ICN). Fee: \$58. Reg. by: NG. CEUs: 0.7.

November 10; 8:30 am-3:30 pm; Marshalltown

Pain Management in Complex Patients. Spon: IA Valley Cont Ed. Contact: Cheryl Little, (641) 844-5623. Fac: Joan Beard, RN-BC, MSN. Aud: Nurses in acute care, long term care, hospice and home care. Pain mgmt in the complex patient, from pediatric to geriatric with specific acute and chronic conditions, and patients with chronic pain mgmt protocols. (More info at www.iavalley.edu/ivce/certification/HealthEducation.html). Fee: \$89. Reg. by: Nov 3. CEUs: 0.72.

November 15; 8-11:30 am; Des Moines

Acute Changes on 12-Lead ECG. Spon: DMACC. Contact: Jaime Wheelock, (515) 964-6353 for info or (515) 964-6800 to reg. Fac: M.J. Potratz, RN, MSN. Aud: NG. Provides info to participants on assessment and treatment of patients with acute changes to 12-Lead ECG. (CRN #16074; delivered via the ICN). Fee: \$32. Reg. by: Nov 8. CEUs: 0.35.

November 15; 12:30-4 pm; Des Moines

Neurological Assessment. Spon: DMACC. Contact: Jaime Wheelock, (515) 964-6800 for info or (515) 964-6800 to reg. Fac: Pamela Normandin. Aud: NG. Overview of neurological assessment (CRN #16665; delivered via the ICN). Fee: \$32. Reg. by: Nov 8. CEUs: 0.35.

November 18; 8 am-3:15 pm; Des Moines

Winning the Race: Engaging Today's Learner. Spon: Mercy Hosp, IA City. Contact: Sherry Kesselring, (319) 339-3670. Fac: Anita Stineman, PhD, RN. Aud: RNs, nurse educators, clinical nurse specialists, preceptors. To maximize learner achievement you must employ strategies that maximize student engagement and make the learner the center of instruction; this workshop will discuss learner-centered instruction and how nurse educators can better engage today's learners. Fee: \$99 (inc all course mat'ls, recording fees – local and national). Reg. by: Preferred by Nov 11. CEUs: 0.63 for IA licensees (application pending for ANCC hours).

November 22; 8 am-4 pm; Des Moines

Neurological Disorders. Spon: DMACC. Contact: Jaime Wheelock, (515) 964-6353 for info or (515) 964-6800 to reg. Fac: Pamela Normandin. Aud: NG. Overview of neuro-

logical disorders and treatments. (CRN #16066; delivered via the ICN). Fee: \$58. Reg. by: Nov 15. CEUs: 0.7.

November 28 and December 1 (Monday and Thursday); 8 am-5:30 pm; Ankeny

Parish Nurse Basic Prep Course. Spon: DMACC. Contact: T.J. Carroll, (515) 964-6820 for info or (515) 964-6800 to reg. Fac: Marabel Kersey, RN. Aud: NG. Prepares a professional nurse to minister within a church setting focusing on health promotion, physical/spiritual needs and developing caring relationships. (CRN #16181). Fee: \$299. Reg. by: Nov 21. CEUs: 0.36.

November 29; 7:45 am-4 pm; Des Moines

Care Management of the Patient with Diabetes. Spon: Mercy Med Cntr. Contact: Mercy Nurse, (515) 643-8668. Fac: Brenda Dolan, RN, MSN, BC-ADM, CDE. Aud: RNs/LPNs/ARNPs. To provide health care providers with the skills and concepts necessary to manage the comprehensive care of the patient with diabetes. Inpatient and outpatient concepts are discussed. Fee: Free for employees of Mercy Med Cntr and affiliates; \$50 for others. Reg. by: Nov 18. CEUs: 0.8.

November 29; 8 am-4 pm; Des Moines

Advanced 12-Lead EKG – Day 1. Spon: DMACC. Contact: Jaime Wheelock, (515) 964-6353 for info or (515) 964-6800 to reg. Fac: M.J. Potratz. Aud: NG. Overview of advanced 12-Lead EKGs, part 1 of 2. (CRN #16059; delivered via the ICN). Fee: \$75. Reg. by: Nov 22. CEUs: 0.7.

December 2; 8 am-4 pm; Des Moines

ECG Interpretation. Spon: CMI Educ Inst, Inc. Contact: Customer Service, 1-800-843-7763. Fac: Cynthia L. Webner, DNP, RN, CCNS, CCRN-CMC. Aud: RNs/LPNs. Utilizing a systematic approach that will help you improve your skills and confidence, Cynthia Webner, DNP, RN, CCNS, CCRN-CMC, will focus on the direct application of ECG interpretation in clinical practice. Fee: \$189. Reg. by: N/A. CEUs: 0.76.

December 6; 8 am-4 pm; Des Moines

Advanced 12-Lead EKG – Day 2. Spon: DMACC. Contact: Jaime Wheelock, (515) 964-6353 for info or (515) 964-6800 to reg. Fac: M.J. Potratz. Aud: NG. Overview of advanced 12-Lead EKGs, part 2 of 2. (CRN#16060; delivered via the ICN). Fee: \$75. Reg. by: Nov 29. CEUs: 0.7.

December 7; 1:15-4:30 pm; Des Moines

Hands-On Learning: CMS. Spon: Creative Solutions Unlimited, Inc. Contact: Belva Sheriff, (641) 892-4466, ext 124. Fac: Mary Madison, RN, RAC-CT, CDP. Aud: Nurses who use the Dextrosity® suite to participate in the CMS survey process. Knowledge/skills needed to develop/ maintain quality LTC documentation in prep for, and working with, CMS Survey Teams; gain a better understanding of survey process and increase skills and efficiency working in the Dextrosity® CMS module. Fee: \$69. Reg. by: 3 business days prior. CEUs: 0.33.

December 8; 8:15-11:30 am; Des Moines

Hands-On Learning: CMS. Spon: Creative Solutions Unlimited, Inc. Contact: Belva Sheriff, (641) 892-4466, ext 124. Fac: Mary Madison, RN, RAC-CT, CDP. Aud: Nurses who use the Dextrosity® suite to participate in the CMS survey process. Knowledge/skills needed to develop/ maintain quality LTC documentation in prep for, and working with, CMS Survey Teams; gain a better understanding of survey process and increase skills and efficiency working in the Dextrosity® CMS module. Fee: \$69. Reg. by: 3 business days prior. CEUs: 0.33.

December 16; 8 am-4 pm; Des Moines

Strategies for Excellence in Stroke Care. Spon: CMI Educ Inst, Inc. Contact: Customer Service, 1-800-843-7763. Fac: Cedric McKoy, MSN, ACNP. Aud: RNs/LPNs. Attend this comprehensive program and strengthen your knowledge of the latest approaches to achieving excellence in stroke care. Fee: \$189. Reg. by: N/A. CEUs: 0.76.

January 10; 8 am-4 pm; Des Moines

Wound Care Challenges and Solutions. Spon: CMI Educ Inst, Inc. Contact: Customer Service, 1-800-843-7763. Fac: Joan Junkin, MSN, APRN-CNS, CWOCN. Aud: RNs/LPNs. Joan Junkin, MSN, APRN-CNS, CWOCN, will share various clinical tips and tricks with you, derived from both evidence-based research and her extensive clinical experience. Fee: \$189. Reg. by: N/A. CEUs: 0.76.

January 18; 8 am-3:30 pm; Des Moines

Breastfeeding: New Pathways for Evidence-Based Practice. Spon: CMI Educ Inst, Inc. Contact: Customer Ser-

Continued on page 14

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Marshalltown Medical & Surgical Center

3 South 4th Avenue • Marshalltown, Iowa 50158
Human Resource: (641) 754-5113 • jobs@marshmed.com

- CONTINUING EDUCATION OFFERINGS -

REGION 5 *Continued from page 13*

vice, 1-800-843-7763. Fac: Dawn M. Kersula, MA, RN, LCCE, FACCE, IBCLC. Aud: RNs/LPNs. Drawing on her extensive clinical breastfeeding practice, Dawn is delighted to share her knowledge and expertise to assist you in developing strategies that will lead to breastfeeding success. Fee: \$189. Reg. by: N/A. CEUs: 0.72.

January 30 and 31; 7:30 am-4:30 pm each day; Des Moines

ELNEC Core Training. Spon: Mercy Med Cntr. Contact: Luann Lang, (515) 643-4082. Fac: Joan Beard, RN-BC, MSN, Dir Pain/Palliative Care/Sedation Team. Aud: RNs/LPNs, esp in palliative care or hospice volunteers. Advanced education on end of life care. Fee: \$200 for Mercy employees; \$250 for non-Mercy employees. Reg. by: Jan 13. CEUs: 1.62 for two days.

January 31; 7:45 am-4 pm; Des Moines

Care Management of the Patient with Diabetes. Spon: Mercy Med Cntr. Contact: Mercy Nurse, (515) 643-8668. Fac: Brenda Dolan, RN, MSN, BC-ADM, CDE. Aud: RNs/LPNs/ARNPs. To provide health care providers with the skills and concepts necessary to manage the comprehensive care of the patient with diabetes; inpatient and outpatient concepts are discussed. Fee: Free for employees of Mercy Med Cntr and affiliates; \$50 for others. Reg. by: Jan 20. CEUs: 0.8.

OUT OF STATE PROGRAMS

All programs listed in this section are covered by Iowa approved provider numbers even though they are held outside of Iowa.

ABBREVIATIONS

Spon:	Sponsor	Reg. by:	Register by
Fac:	Faculty	TBA:	To be announced
Aud:	Audience		
inc:	includes/including		
RCC:	Rochester Community College		

November 12; 9 am-4 pm; Omaha, Nebraska

Phlebotomy for Health Care Professionals. Spon: Neb Meth Col Prof Dvlpmnt. Contact: Phyllis Zimmermann, (402) 354-7109. Fac: Marjorie Di Lorenzo, MT, (ASCP), SH. Aud: Nurses currently performing phlebotomy procedures or anticipating performing these in the future. To present info on blood specimen types, equipment and techniques, complications and remedies, safety regulations and quality assurance to health care professionals currently performing phlebotomy procedures or anticipating performing these in the future. Fee: \$98. Reg. by: Nov 10. CEUs: Please go to <http://www.methodistcollege.edu/professionaldevelopment/index.asp> for complete credit info.

January 25; 8 am-4:30 pm; Omaha, Nebraska

2012 EFM Certificate of Added Qualification Exam Review. Spon: Neb Meth Col Prof Dvlpmnt. Contact: Heidi Grages, (402) 354-7125. Fac: Sue Weekly, MS, C-EFM, IBCLC, RNC-OB, APRN-CNS. Aud: Midwives and RNs working with the obstetric patient. This program is designed as a review for licensed health professionals with experience in fetal monitoring interpretation who are interested in taking the certificate of added qualification for electronic fetal monitoring offered by the National Certification Corporation (NCC). Fee: No charge for NMHS; \$50 for NMH Perinatal Outreach; \$75 for external. Reg. by: NA. CEUs: Please go to <http://www.methodistcollege.edu/professionaldevelopment/index.asp> for complete credit info.

skills needed for patient care. Fee: Booklet, \$49.95 (inc postage); online, \$46.95. CEUs: 0.5. ANCC: 4.

Anxiety Disorders.

Fac: National Institutes of Mental Health. Aud: RNs/LPNs/ARNPs/Direct Care Personnel. To better understand anxiety disorders and how they are treated. Fee: Booklet, \$21.95 (inc postage); online, \$18.95. CEUs: 0.2. ANCC: 1.5.

Autism Spectrum Disorders 2011.

Fac: Linda L. Fisk, RN, BS, Master's Candidate. Aud: RNs/LPNs/ARNPs/Direct Care Personnel. To enhance the learner's knowledge of autism spectrum disorders. Fee: Booklet, \$21.95 (inc postage); online, \$18.95. CEUs: 0.2. ANCC: 1.5.

Basic First Aid 2011.

Fac: Mary McGeough, RN, BSN. Aud: RNs/LPNs. Health care personnel will learn the techniques of basic first aid. Fee: Booklet, \$29.95 (inc postage); online, \$26.95. CEUs: 0.3. ANCC: 2.5.

Bloodborne Pathogens and Exposure Control Plan 2010.

Fac: Mary McGeough, BSN. Aud: RNs/LPNs/ARNPs/Direct Care Personnel. To increase awareness of prevention, transmission, and exposure to bloodborne pathogens. Fee: Booklet, \$21.95 (inc postage); online, \$18.95. CEUs: 0.2. ANCC: 1.5.

Breath Sounds and the Healthcare Professional.

Based on the Incredibly Easy Series by Springhouse Publishing. Aud: RNs/LPNs/ARNPs/Respiratory Therapists. To properly interpret normal and adventitious breath sounds through reading and audio CD. Fee: \$116.95 (inc book and postage); online, \$69.95 (nurse responsible for purchasing book). CEUs: 2.0. ANCC: 16.5.

Caregivers Need Care, Too!

Fac: Linda L. Fisk, RN, BS. Aud: RNs/LPNs. To discuss the needs of caregivers and how the healthcare team can support the caregiver. Fee: Booklet, \$26.95 (inc postage); online, \$23.95. CEUs: 0.2. ANCC: 1.5.

Caring for the Patient with Fibromyalgia Syndrome 2010.

Fac: Linda L. Fisk, RN, BS. Aud: RNs/LPNs. To discuss the incidence, symptomology and common treatments for patients with Fibromyalgia. Fee: Booklet, \$49.95 (inc postage); online, \$46.95. CEUs: 0.5. ANCC: 4.

Caring for the Stroke Patient 2010.

Fac: Mary McGeough, RN, BSN. Aud: RNs/LPNs. The nurse will better understand the pathophysiology of the stroke patient and nursing care/interventions to prevent complications and enhance healing and rehabilitation. Fee: Booklet, \$49.95 (inc postage); online, \$46.95. CEUs: 0.5. ANCC: 4.

CCDI (Chronic Confusion or Dementing Illness).

Fac: Mary McGeough, RN, BSN. Aud: RNs/LPNs/CNAs. All staff working in the long term care setting will increase their knowledge and skills in caring for persons diagnosed with chronic confusion or a dementing illness. This self-study meets the training requirements for staff working in a CCDI unit or facility. Fee: \$89.95 (inc postage); group discounts for packets of 10 or more. Online fee: \$86.95 (online group discounts available). CEUs: 0.8. ANCC: 6.5.

Child Abuse for Mandatory Reporters 2010.

Fac: Linda L. Fisk, RN, BS. Aud: RNs/LPNs/ARNPs. (Approved by the Abuse Education Review Panel.) To meet the Mandatory Reporters' requirements for child abuse education by reviewing and updating info on incidence, indications, treatment options and legal implications. Fee: \$21.95 (inc postage); group discounts for packets of 10 or more. Online fee: \$18.95 (online group discounts available). CEUs: 0.24. ANCC: 2.

Child and Dependent Adult Abuse for Mandatory Providers 2010.

Fac: Linda L. Fisk, RN, BS. Aud: RNs/LPNs/ARNPs. (Approved by the Abuse Education Review Panel.) A combined program intended to meet the Mandatory Reporter's requirements for child and dependent adult abuse education by reviewing and updating info on incidence, indications, treatment options and legal implications. Fee: Booklet, \$21.95 (inc postage); group discounts for packets of 10 or more. Online fee: \$18.95 (online group discounts available). CEUs: 0.24. ANCC: 2.

Complications of Diabetes Mellitus.

Fac: Linda L. Fisk, RN, BS. Aud: RNs/LPNs. To enhance the participants' understanding of complications that may affect the diabetic patient, primarily: diabetic retinopathy,

Continued on page 15

HOME STUDY PROGRAMS

There is no limitation on the amount of home study which can be obtained for renewal; the entire 36 contact hours can be obtained by this mechanism.

The CE Solutions Group, a Division of VGM Group, Inc.

1111 West San Marnan Drive
Waterloo, Iowa 50702

Contact: Linda Fisk

Phone: (319) 874-6950

Toll-free: (866) 650-3400

E-mail: info@cesolutionsgroup.com

(Iowa Provider Number 335)

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A Nurse's Guide to Legal Issues.

Based on the book *Nurse's Legal Handbook* (5th ed.) published by Lippincott, Williams & Wilkins. Aud: RNs/LPNs/ARNPs. To learn the appropriate responses to current legal issues and decrease the risk of liability in the practice of nursing. Fee: \$164.95 (inc book and postage); online, \$119.95 (nurse responsible for purchasing book). CEUs: 2.4. ANCC: 20.

About Autoimmune Disorders 2011.

Fac: Mary McGeough, RN, BSN. Aud: RNs/LPNs/ARNPs. Health care professionals will increase their understanding of a variety of common autoimmune disorders inc

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– CONTINUING EDUCATION OFFERINGS –

THE CE SOLUTIONS GROUP *Continued from page 14*

diabetic neuropathy, diabetic nephropathy, and cardiovascular disease. Fee: Booklet, \$29.95 (inc postage); online, \$26.95. CEUs: 0.3. ANCC: 2.5.

Constipation and Encopresis: The Hard Truth.

Fac: Jennifer Hill, MSN, FNP. Aud: RNs/LPNs/ARNPs. To increase the awareness and knowledge of constipation and encopresis in the pediatric patient. Fee: Booklet, \$29.95 (inc postage); online, \$26.95. CEUs: 0.3. ANCC: 2.5.

Cyclic Vomiting Syndrome in Children.

Fac: Jennifer Hill, MSN, FNP. Aud: RNs/LPNs/ARNPs. To increase the awareness and knowledge of cyclic vomiting syndrome (CVS) in children. Fee: \$29.95 (inc booklet); online, \$26.95. CEUs: 0.3. ANCC: 2.5.

Dealing with Difficult People in the Healthcare Setting.

Fac: Mary McGeough, RN, BSN. Aud: RNs/LPNs/ARNPs. This revised course will assist health care professionals to learn how to work with difficult people, recognize problem "types," and manage everyday stress associated with dealing with people. Fee: \$21.95 (inc postage); online, \$18.95. CEUs: 0.2. ANCC: 1.5.

Dependent Adult Abuse for Mandatory Reporters 2010.

Fac: Linda L. Fisk, RN, BS. Aud: RNs/LPNs/ARNPs. (Approved by the Abuse Education Review Panel.) To meet the Mandatory Reporters' requirements for dependent adult abuse education by reviewing and updating info on incidence, indications, treatment options and legal implications. Fee: Booklet, \$21.95 (inc postage); group discounts for packets of 10 or more. Online fee: \$18.95 (online group discounts available). CEUs: 0.24. ANCC: 2.

Depression in Children and Adolescents.

Fac: Mary McGeough, RN, BSN. Aud: RNs/LPNs. Participants will increase their understanding of the characteristics of depression in children and adolescents and what therapies are appropriate in treating it. Fee: Booklet, \$34.95 (inc postage); online, \$31.95. CEUs: 0.35. ANCC: 3.

Diabetes Mellitus: A Guide for Healthcare Professionals.

Based on the book *ADA Complete Guide to Diabetes* (3rd ed.) by the American Diabetes Association. Aud: RNs/LPNs/ARNPs. To update the nurse on current info about diabetes mellitus and the variety of treatment possibilities. Fee: \$131.95 (inc book and postage); online, \$121.95 (nurse responsible for purchasing book). CEUs: 2.4. ANCC: 20.

Domestic Violence.

Fac: Julia Kaasa-Pitzen, MS Psych. Aud: RNs/LPNs/ARNPs. To enhance the learner's understanding of family violence, causes, physical, psychological and behavioral indicators; and family violence prevention. Fee: Booklet, \$34.95 (inc postage); online, \$31.95. CEUs: 0.35. ANCC: 3.

Drugs and the Elderly (Revised).

Fac: Mary McGeough, RN, BSN. Aud: RNs/LPNs/ARNPs. Nurses working with older adults will review and update their knowledge of medications commonly prescribed for the elderly and potential related problems. Fee: Booklet, \$29.95 (inc postage); online, \$26.95. CEUs: 0.3. ANCC: 2.5.

EKGs Made Easy.

Based on the book *EKG in a Heartbeat* by Karen M. Ellis. Aud: RNs/LPNs/ARNPs. To provide a succinct resource for analyzing EKGs. "This material is NOT intended as an elementary text on EKG" and assumes a basic understanding of EKG principles. However, for those who desire review, update, and support related to EKG, this course is for you! Fee: \$48.95 (inc book and postage); online, \$21.95 (nurse responsible for purchasing book). CEUs: 0.4. ANCC: 3.

End of Life Care and Pain Management 2010.

Fac: Brooke Gritzner, RN. Aud: RNs/LPNs/ARNPs/Direct Care Personnel. End of life care is an important, but sometimes neglected, part of the health care continuum. End of life care focuses on the needs of patients as well as needs of family and friends. This course will help the health care professional better understand how to provide quality care at the end of life. Fee: Booklet, \$29.95 (inc postage); online, \$26.95. CEUs: 0.3. ANCC: 2.5.

Ethical Principles in Nursing.

Fac: Linda Terry Godson, MA, RN. Aud: RNs/LPNs/ARNPs. To enhance the nurse's ability to utilize ethical principles in nursing practice. Fee: Booklet, \$29.95 (inc postage); online, \$26.95. CEUs: 0.3. ANCC: 2.5.

Fighting to Breathe: COPD.

Fac: Linda L. Fisk, RN, BS, Master's Candidate. Aud: RNs/LPNs/ARNPs. To better understand the COPD patient and

how to meet his/her needs. Fee: Booklet, \$26.95 (inc postage); online, \$23.95. CEUs: 0.2. ANCC: 1.5.

Headache: In Adults and Children 2010.

Fac: Linda L. Fisk, RN, BS. Aud: RNs/LPNs. To better understand the types of headaches in both the adult and child client, what may trigger a certain type of headache, and treatment options. Fee: Booklet, \$39.95 (inc postage); online, \$36.95. CEUs: 0.4. ANCC: 3.

Hearing Loss: The Silent Epidemic.

Fac: Linda L. Fisk, RN, BS. Aud: RNs/LPNs/ARNPs. To better understand hearing loss and the communication techniques used with the hearing impaired individual. Fee: \$26.95 (inc postage); online, \$23.95. CEUs: 0.2. ANCC: 1.5.

Heart Sounds and the Healthcare Professional.

Based on the *Incredibly Easy Series* by Springhouse Publishing. Aud: RNs/LPNs/ARNPs. To accurately identify heart sounds in the normal and cardiovascular-challenged patient through study and audio CD interpretation. Fee: \$116.95 (inc book and postage); online, \$69.95 (nurse responsible for purchasing book online). CEUs: 2.0. ANCC: 16.5.

Managing Urinary Incontinence in the Elderly.

Fac: Mary McGeough, RN, BSN. Aud: RNs/LPNs. To review and update nurses' skills for managing urinary incontinence, primarily in the long term care setting. Fee: Booklet, \$29.95 (inc postage); online, \$26.95. CEUs: 0.3. ANCC: 2.5.

Multiple Sclerosis: A Focus on Rehabilitation.

Based on the book *Multiple Sclerosis: A Focus on Rehabilitation* by Rosalind Kalb, PhD. Aud: RNs/LPNs/ARNPs/PT/OT/Physical Therapy Assistant/Rehabilitation Aide. The rehabilitation specialist will better understand the role of rehabilitation in helping people maintain optimal functioning in the face of a chronic, unpredictable illness. Fee: \$39.95 (inc book and postage); online, \$36.95. CEUs: 0.4. ANCC: 3.

Multiple Sclerosis: The Nursing Perspective 2010.

Based on the book *Multiple Sclerosis: The Nursing Perspective* by Rosalind Kalb, PhD. Aud: RNs/LPNs/ARNPs. To provide the most current overview of MS and its treatment, with an emphasis on the unique role of the nurse in the treatment process. Fee: \$49.95 (inc book and postage); online, \$46.95. CEUs: 0.5. ANCC: 4.

Neurovascular Emergencies.

Fac: Elizabeth Boldon, RN, MSN. Aud: RNs/LPNs/ARNPs. The nurse will enhance her understanding of neurovascular emergencies and the treatment options used to limit the severity of complications that may result. Fee: \$38.95 (inc booklet and postage); online, \$35.95. CEUs: 0.36. ANCC: 3.

Nursing Documentation.

Fac: Mary McGeough, RN, BSN. Aud: RNs/LPNs. Nurses will gain knowledge and skills related to the documentation of info in the patient's medical record. Fee: Booklet, \$21.95 (inc postage); online, \$18.95. CEUs: 0.2. ANCC: 1.5.

Nutrition/Hydration and the Elderly Patient 2011.

Fac: Mary McGeough, RN, BSN. Aud: RNs/LPNs. Health care professionals will increase their understanding of the nutrition and hydration needs of the elderly patient. Fee: Booklet, \$29.95 (inc postage); online, \$26.95. CEUs: 0.3. ANCC: 2.5.

Overcoming Metabolic Syndrome.

Fac: Scott Isaacs, MD, and Fred Vagnini, MD. Aud: RNs/LPNs/ARNPs. High levels of cholesterol, blood pressure, blood sugar? Overweight? Learn strategies to reverse metabolic syndrome and reduce the risk of heart attack and stroke. Fee: \$77.95 (inc book and postage); online, \$60.95 (inc e-book). CEUs: 1.0. ANCC: 8.

Overcoming Prescription Drug Addiction.

Fac: Rod Colvin, MS. Aud: RNs/LPNs/ARNPs. The nurse will enhance his or her understanding of the pattern of compulsive drug use, treatment, family support and monitoring. Fee: \$79.95 (inc book and postage); online, \$72.95 (inc e-book). CEUs: 1.5. ANCC: 12.5.

Pain Management and Healthcare.

Fac: Brooke Gritzner, RN. Aud: RNs/LPNs/ARNPs/Direct Care Personnel. Health care personnel working in all settings will increase their knowledge and skills in addressing the issue of pain. Fee: Booklet, \$21.95 (inc postage); online, \$17.95. CEUs: 0.13. ANCC: 1.

Performing the Physical Health Assessment.

Based on the book *Assessment Made Incredibly Easy* (4th ed.) by Springhouse Publishing. Aud: RNs/LPNs. Health care professionals will review as well as gain knowledge of current physical assessment techniques. Fee: Book and test, \$190.50 (inc postage); online, \$150 (nurse responsible for purchasing book). CEUs: 3.6. ANCC: 30.

Pneumonia.

Fac: Mary McGeough, RN, BSN. Aud: RNs/LPNs. Health care professionals will review and update their understanding of pneumonia as well as the care and treatment of patients with the disease. Fee: Booklet, \$21.95 (inc postage); online, \$18.95. CEUs: 0.2. ANCC: 1.5.

Preventing Medical Errors.

Fac: Mary McGeough, RN, BSN. Aud: RNs/LPNs/ARNPs. To provide the participant with insights and skills for preventing medical errors. Fee: Booklet, \$29.95 (inc postage); online, \$26.95. CEUs: 0.3. ANCC: 2.5.

Quick Facts for the ER Nurse.

Based on the *Incredibly Easy Series* by Springhouse Publishing. Aud: RNs/LPNs/ARNPs. To enhance the participant's knowledge of emergency procedures, labs – all at a glance. Inc a handy pocket guide. Fee: \$51.95 (inc book and postage); online, \$21.95 (nurse responsible for purchasing book). CEUs: 0.4. ANCC: 3.5.

Recognizing and Responding to Terrorism Events: Biological, Chemical, Radiological and Blast Injuries.

Fac: Linda L. Fisk, RN, BS. Aud: RNs/LPNs/ARNPs. To enhance the participant's knowledge of potential biological, chemical, and radiological terrorism agents, signs and symptoms, and reporting procedures should an event occur or be suspected. Fee: Booklet, \$49.95 (inc postage); online, \$46.95. CEUs: 0.5. ANCC: 4.

Science Fiction or Reality? Pharmacogenomics.

Fac: Linda L. Fisk, RN, BS. Aud: RNs/LPNs/ARNPs. To explore the inherited variations in genes that dictate drug response and the way these variations can be used to predict whether a patient will have a good response to a drug, a bad response to a drug, or no response at all. Fee: Booklet, \$21.95 (inc postage); online, \$18.95. CEUs: 0.2. ANCC: 1.5.

Sleep Apnea Disorder.

Fac: Linda L. Fisk, RN, BS. Aud: RNs/LPNs/ARNPs. To enhance the participant's knowledge of the sleep apnea disorder. Fee: Booklet, \$26.95 (inc postage); online, \$23.95. CEUs: 0.2. ANCC: 1.5.

Stem Cell Research and Ethical Considerations.

Fac: Linda L. Fisk, RN, BS. Aud: RNs/LPNs/ARNPs. To enhance the participant's knowledge of the science, ethics and regulatory mechanisms involved in stem cell research. Fee: Booklet, \$29.95 (inc postage); online, \$26.95. CEUs: 0.3. ANCC: 2.5.

Supervising in Today's Healthcare Organizations.

Fac: Mary McGeough, RN, BSN. Aud: RNs/LPNs. Health care professionals will gain the knowledge and skills needed to successfully manage and supervise people working in a health care facility. NOTE: This is a basic supervision course. This course DOES NOT meet the requirements of the LPN supervisory course required by the IBN. Fee: Booklet, \$79.95 (inc postage); online, \$76.95. CEUs: 0.8. ANCC: 6.5.

Understanding and Supporting Grieving Children.

Fac: Jaymee Glenn-Burns, BS, MDiv, MA. Aud: RNs/LPNs/ARNPs. To present info that will help caregivers better understand and support grieving children. Fee: Booklet, \$21.95 (inc postage); online, \$18.95. CEUs: 0.2. ANCC: 1.5.

Understanding Asthma.

Fac: Linda L. Fisk, RN, BS. Aud: RNs/LPNs. To enhance the nurse's knowledge of asthma in the child and adult (with section inc for the asthmatic child at school). Fee: Booklet, \$49.95 (inc postage); online, \$46.95. CEUs: 0.5. ANCC: 4.

Understanding Foodborne Disease.

Fac: Linda L. Fisk, RN, BS. Aud: RNs/LPNs/ARNPs. To enhance the learner's knowledge of foodborne illness. Fee: Booklet, \$26.95 (inc postage); online, \$23.95. CEUs: 0.24. ANCC: 2.

Understanding Parkinson's Disease (Revised).

Fac: Linda Terry Godson, MA, RN. Aud: RNs/LPNs. To review and update the nurse about Parkinson's Disease. Fee: Booklet, \$29.95 (inc postage); online, \$26.95. CEUs: 0.3. ANCC: 2.5.

- CONTINUING EDUCATION OFFERINGS -

THE CE SOLUTIONS GROUP *Continued from page 15*

Urologic and Kidney Diseases.

Fac: Linda Fisk, RN, BS. Aud: RNs/LPNs. To enhance the participant's knowledge of the urinary system and diseases that can affect that system. Fee: Booklet, \$49.95 (inc postage); online, \$46.95. CEUs: 0.5. ANCC: 5.

When a Child Dies: Scott's Story.

Fac: Connie Harmsen, RN. Aud: RNs/LPNs. The nurse will better understand the grieving process as it relates to the child, teenager, and adult. Fee: Booklet, \$29.95 (inc postage); online, \$26.95. CEUs: 0.3. ANCC: 2.5.

Women and Depression: Discovering Hope.

Fac: National Institutes of Mental Health. Aud: RNs/LPNs/ARNPs/Social Workers. To enhance the learner's knowledge of depression, the different forms and symptoms, how depression affects adolescents and older women, how depression is diagnosed and treated, and help available for the woman with depression. Fee: Booklet, \$20.95 (inc postage); online, \$17.95. CEUs: 0.13. ANCC: 1.

Wound Care and the Healthcare Professional.

Based on the Incredibly Easy Series by Springhouse Publishing. Aud: RNs/LPNs/ARNPs. The nurse will better identify and understand wound treatment. Fee: \$127.95 (inc book and postage); online, \$86.95 (nurse responsible for purchasing book). CEUs: 2.5. ANCC: 20.5.

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(Iowa Provider Number 61)

Courses may be ordered by phone or mail or downloaded from the website. MasterCard or VISA accepted. Add \$5.00 postage and handling per order. Discounts for large orders.

Alzheimer's Disease and Dementia Related Disorders.

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Provides ways to approach problem areas in direct care of those with Alzheimer's disease or related dementias with extensive suggestions for effective communication. Fee: \$10 online; \$12 in hard copy. CEUs: 0.2.

Bittersweet: A Study of Diabetes Mellitus.

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. This course presents the latest research, as well as the basic concepts of diabetes mellitus and can offer you an introduction, a review or an update on the disease process. Fee: \$30. CEUs: 0.5.

Brain Game: Things to Know When Using Drugs Which Change Moods and Behaviors in Elderly Patients.

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Psychotropic drug therapy is studied in detail, emphasizing effects on neurotransmitters, reasons for side effects, need for close monitoring, and interactions possible. Fee: \$18. CEUs: 0.3.

Care of the Alzheimer's Patient.

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Presents suggestions and approaches to management of common behaviors and symptoms of A.D. that are not drug based. Fee: \$6. CEUs: 0.1.

Changing Beds: You May Have Made It, But You Don't Have to Lie in It. Mental Emotional Health.

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Teaches how to foster mental and emotional health, emphasizing empowerment through self-definition, self responsibility, monitoring thought patterns and dealing with feelings. Fee: \$60. CEUs: 1.0.

Cognito Ergo Sum: Creating an Empowered Image.

Fac: Dr. Linda S. Greenfield. Aud: RNs/LPNs. Teaches how to recognize and create your own internal power by changing the way you think, using the nursing environment as the milieu. Fee: \$30. CEUs: 0.5.

End of Life Care.

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Discusses compassionate care of those in the final weeks of life, differentiating palliative, chronic, and hospice care levels and suggesting interventions that support patient autonomy. Fee: \$6. CEUs: 0.1.

Flight Manual: Helping Adolescents Take to Flight/Mental and Emotional Wellness.

Author: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Empowers the nurse to assist the teen in the development of maturity, self-definition, independence and personal power using story format as examples. Fee: \$36. CEUs: 0.6.

Good Grief: Providing Light to Those in Emotional Pain.

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Fosters the nurse's ability to listen, console and nurture those involved in loss and changing personal identity, using specific, guided techniques. Fee: \$30. CEUs: 0.5.

Good Vibrations: Recognizing the Healing Energy Within Emotions.

Author: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Explores relationship between the energy of toxic emotions and diseases correlating emotional issues to the human energy system of chakras and studying how the body is designed to manage anger, fear, hate, etc. safely. Fee: \$42. CEUs: 0.7.

HIV/AIDS: A Comprehensive Course.

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Provides detailed examination of pathology, transmission, signs and symptoms, prevention, precautions and treatment of HIV. Fee: \$15 online; \$18 in hard copy. CEUs: 0.3.

Live or Let Die: The Right to Die.

Fac: Linda S. Greenfield, RN, PhD. Offer nurses an increased awareness of the dilemmas with the moral and/or legal issues of allowing a patient to die. Fee: \$30. CEUs: 0.5.

Mindful Care: Using Positive Thoughts and Emotions as a Catalyst to Healing.

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Examines body/mind connection, exploring chemistry that links immune system function to ways we think and feel, and teaching more positive thinking patterns and ways to deal with negative emotions. Fee: \$30. CEUs: 0.5.

Nutrition Cognition: Eating for Health in the '90s.

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Teaches about antioxidants, herbal supplements, phytoestrogens, and about pesticide residues, nitrates and transfatty acids to allow you to choose foods that help and avoid foods that harm. Fee: \$30. CEUs: 0.5.

Over the Edge: Biological Stress and Chronic Conditions.

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Studies the effect of biological stress from industrial chemicals, heavy metals and other pollutants and impact on chronic

conditions such as unresolving pain, lack of healing, depression, panic attacks and inability to sleep. Fee: \$25 online; \$30 in hard copy. CEUs: 0.5.

Paper Chasing: Effective Documentation.

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Presents documentation forms and ideas to increase quality of documentation correlated to the nursing process, as applied to both long term and acute patient care environments. Fee: \$30. CEUs: 0.5.

The Patient in Pain: Why Are We Managing Pain and Not Healing It.

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Physiology of acute and chronic pain perception, factors of pain reaction, attitudes toward the patient in pain that may hinder therapy, effective use of medication and use of non-invasive and alternative pain therapies. Fee: \$35 online; \$42 in hard copy. CEUs: 0.7.

Power Dynamics: Growth and Development of Personal Power.

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Examines dynamics of personal power by studying development of the body's energy system with suggested interventions to restore balance and energetic health. Fee: \$30. CEUs: 0.5.

Power Tripping: Issues of Control Resolves Through Shadow Work.

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Examines the paradigm of power, mechanisms of control, how we drain power or steal power from others, and introduces a healthier paradigm of internal power through healing unconscious issues. Fee: \$30. CEUs: 0.5.

The Prevention of Medical Errors.

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Informs nurses of growing national concern over the alarmingly high numbers of errors and provides info to increase patient safety, guidance for reporting and suggestions for systems monitoring. Fee: \$12. CEUs: 0.2.

Stroke.

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Studies pathology of various kinds and locations of strokes, the related symptoms and approaches to acute and rehabilitative care. Fee: \$30. CEUs: 0.5.

Talking With the Docs: Effective Nurse Physician Communication.

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Designed to help you increase your power and effectiveness when communicating with physicians in difficult situations. Fee: \$24. CEUs: 0.4.

Who's Confused?

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. A study of Alzheimer's disease and other forms of dementia with means to establish a therapeutic environment for same. Fee: \$30. CEUs: 0.5.

Working the Numbers: Nursing Interpretation of Laboratory Tests.

Fac: Linda S. Greenfield, RN, PhD. Aud: RNs/LPNs. Examines nursing interpretation of CBC, hematologic studies, iron studies, UA, electrolyte survey, kidney function studies and liver function studies. Fee: \$36. CEUs: 0.6.

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- CONTINUING EDUCATION OFFERINGS -

Des Moines Area Community College
2006 South Ankeny Boulevard
Ankeny, Iowa 50021
Contact: Stephanie Wilson
Phone: (515) 964-6361
(Iowa Provider Number 22)

Two self-paced courses for the transition to electronic medical records. New groups start monthly for each program.

Health IT Trainer.

Fac: Connie Sanderson. Aud: Not specified. Grant funded online certificate program to give you the foundational skills necessary to help others learn the ins and outs of an electronic health records system. Fee: Contact DMACC for grant funding info. Contact Marcelo Erazo at (515) 964-6864 for reg details. CEUs: 21.5.

Implementation Manager.

Fac: Connie Sanderson. Aud: Not specified. Grant funded online certificate program to provide you with the skills to lead your office or team in the conversion to electronic health records. Contact DMACC for grant funding info. Contact Marcelo Erazo at (515) 964-6864 for reg details. CEUs: 18.2.

Hawkeye Community College
P.O. Box 8015
Waterloo, Iowa 50704-8015
Phone: Victor Palmer
(319) 296-2329, ext. 1481
Web: www.hawkeyecollege.edu
(Iowa Provider Number 5)

The following courses are available as self-study courses through Hawkeye's website. Target nursing population for all courses is RNs/LPNs/ARNPs.

About Child Abuse.

Self-study to enhance the knowledge of healthcare professional in recognizing, reporting, and working with children and families affected by abuse. Fee: \$40. CEUs: 0.3.

Autism Spectrum Disorders.

Self-study to enhance the learner's knowledge of autism spectrum disorders. Fee: \$40. CEUs: 0.25.

Autoimmune Disorders.

An overview of common autoimmune disorders, inc symptoms and treatment modalities. Fee: \$65. CEUs: 0.5.

Basic First Aid.

Enhance knowledge of basic first aid to help provide appropriate care and treatment for your patient/client who may be endangered by an injury or sudden illness. Fee: \$30. CEUs: 0.3.

Bioterrorism: Recognizing and Responding to Threats.

Addresses bioterrorism agents, clinical features and modes of transmission, infection control and isolation precautions, reporting procedures, and post-exposure mgmnt. Fee: \$65. CEUs: 0.5.

Bloodborne Pathogens.

Increase healthcare professional's understanding of safeguards used to protect themselves and others against the health hazards which can result from exposure to blood

and certain body fluids containing bloodborne pathogens. Fee: \$65. CEUs: 0.2.

Breath Sounds and the Healthcare Professional.

Designed to assist the healthcare professional to enhance his or her auscultation skills of the respiratory system. Fee: \$130. CEUs: 2.0.

Caring for Patients with Fibromyalgia.

Self-study course to enhance knowledge of the Fibromyalgia Syndrome and learn how to make a positive difference in the lives of patients. Fee: \$65. CEUs: 0.5.

Caring for the Stroke Patient.

Review and learn new info about caring for the stroke patient. Fee: \$65. CEUs: 0.5.

Child Abuse for Mandatory Reporters.

Enhance the knowledge of the mandatory reporter in recognizing the reporting of suspected child abuse. Fee: \$35. CEUs: TBA.

Cultural Competence and Age Specific Conditions in Healthcare.

Health care professionals working in any setting will increase their understanding and skills in providing optimal care to patients from diverse cultures and varying age groups. Fee: \$40. CEUs: 0.2.

Dealing with Difficult People.

Healthcare professionals will learn how to work with difficult people, recognize problem types, and manage everyday stress associated with dealing with people. Fee: \$35. CEUs: 0.2.

Dependent Adult Abuse for Mandatory Reporters.

Self-study course to enhance participant's knowledge of dependent adult abuse. Fee: \$35. CEUs: 0.2.

Dependent Adult/Child Abuse for Mandatory Reporters.

Enhance knowledge of dependent adult and child abuse for mandatory reporters. Fee: \$35. CEUs: 0.2.

Depression in Children and Adolescents.

Participants will increase their understanding of the characteristics of depression in children and what therapies are appropriate in treating it. Fee: \$40. CEUs: 0.35.

Diabetes Mellitus.

Enhance knowledge of diabetes mellitus. Fee: \$150. CEUs: 2.4.

Diabetic Complications.

Enhance participant's knowledge of diabetic complications. Fee: \$45. CEUs: 0.3.

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Domestic Violence.

Enhance learner's understanding of family violence, causes, physical, psychological and behavioral indicators, family violence prevention. Fee: \$45. CEUs: 0.35.

Drugs and the Elderly.

Discusses issues of drugs and the elderly. Fee: \$65. CEUs: 0.5.

EKGs Made Easy.

Resources for identifying and recognizing dysrhythmias and set up 12-lead EKGs. Fee: \$65. CEUs: 0.4.

End of Life Care and Pain Management.

To help health care professional better understand how to provide quality care at the end of life. Fee: \$40. CEUs: 0.3.

ER Facts for the ER Nurse.

ER Facts Made Incredibly Easy will enable participant to, at a glance, look up facts that can help assess and triage a situation more quickly and easily. Fee: \$70. CEUs: 0.4.

Ethical Principles in Nursing.

Enhances the nurse's ability to utilize ethical principles in nursing practice. Fee: \$40. CEUs: 0.3.

Headaches in Adults/Children.

Explores types of headaches common in adults and children. Fee: \$40. CEUs: 0.4.

Continued on page 18

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At Allina Hospitals & Clinics the care we provide has no boundaries. From quality rankings to implementing new technologies and care models, we have the ability to change more lives than ever before. With 11 hospitals in Minnesota and western Wisconsin, more than 90 clinics and a variety of health care specialty services, we strive to provide the highest quality of care for our patients while never forgetting to take care of our employees. Allina is proud to offer our Nurses exciting and challenging opportunities for growth in our progressive, innovative environment. We are currently seeking:

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– CONTINUING EDUCATION OFFERINGS –

HAWKEYE COMMUNITY COLLEGE

Continued from page 17

Heart Sounds and the Healthcare Professional.

Enhances cardiac auscultation skills – from understanding the basic structure of the heart to discussing cardiovascular conditions and their related heart sounds. Fee: \$130. CEUs: 2.0.

Identifying Elder Abuse and Neglect.

Healthcare professionals will review and update their knowledge of elder abuse and neglect and potential related problems. Fee: \$40. CEUs: 0.2.

Infection Control.

Current infection control procedures, inc handwashing, use of protective equipment, disposal of contaminated materials and disinfecting environmental surfaces. Fee: \$35. CEUs: 0.2.

Introduction to TENS.

This 2-course program will introduce the participant to Transcutaneous Electrical Nerve Stimulation (TENS), in generic terms, since there is a large variety of TENS equipment available. Fee: \$100. CEUs: 0.5.

Issues in Healthcare: Science Fiction or Reality – Pharmacogenomics.

Introduces the participant to the study of pharmacogenomics, anticipated benefits, barriers, economic issues, and ethics. Fee: \$35. CEUs: 0.2.

Latex Allergy and Dealing with Difficult People.

Self-study course designed to first, enhance the learner's knowledge of latex sensitivity and, secondly, to instruct individuals on how to work with difficult people. Fee: \$40. CEUs: NG.

Managing Urinary Incontinence in the Elderly.

Review and update your skills for managing urinary incontinence. Fee: \$45. CEUs: 0.3.

Medication Aide Challenge.

Intended for nursing students that reach an appropriate point in their training and want to practice in the role of medication aide by working one-on-one with an instructor to review materials. Fee: \$175. CEUs: NG.

Multiple Sclerosis: A Focus on Psychosocial Issues.

Healthcare professional describes how people with MS cope with symptoms, treatments, responsibilities and relationships. Fee: \$45. CEUs: 0.35.

Multiple Sclerosis: Nursing Perspective.

Discusses the topic of Multiple Sclerosis from a nursing perspective. Fee: \$65. CEUs: 0.5.

A Nurse's Guide to Legal Issues.

Learn the appropriate responses to current legal issues and decrease the risk of liability in the practice of Nursing. Fee: \$120. CEUs: 2.4.

Nursing Documentation.

How to provide quality nursing care and meet nursing standards through accurate and timely documentation. Fee: \$35. CEUs: 0.2.

Nutrition and Hydration in the Elderly Patient.

Nutrition and hydration are primary concern of healthcare professional caring for patients who may be compromised by illness and disease. Fee: \$40. CEUs: 0.3.

OSHA \$ Hazard Communication.

This 4-course program provides info about how health care workers can meet OSHA requirements to minimize the risk of occupational exposure to bloodborne

pathogens and protect themselves when using hazardous materials on the job. Fee: \$110. CEUs: 0.55.

Ostomies: Eliminate the Mystery.

This 3-course program will explain what an ostomy is, types of ostomies, and discuss common problems and issues associated with ostomies. Fee: \$40. CEUs: 0.2.

Overcoming Prescription Drug Addiction.

Overview of the prescription drug abuser with the writings from addicts and how they overcame their addiction. Fee: \$84. CEUs: NG.

Overview of HIPAA.

This 3-course program provides info about Health Insurance Portability and Accountability Act of 1996, commonly referred to as HIPAA. Fee: \$60. CEUs: 0.2.

Overview of HIV/AIDS and Hepatitis.

This 4-course program provides an overview of hepatitis B, how it is spread, its symptoms and diagnoses, and its vaccination; an overview of HIV, how it is spread, its symptoms and diagnoses, and its vaccination; overview of hepatitis C (HCV) economics, testing and treatment interventions. Fee: \$70. CEUs: 0.3.

Continued on page 19

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– CONTINUING EDUCATION OFFERINGS –

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Continued from page 18

Pneumonia.

Self-study that reviews and updates the participant's knowledge of pneumonia, as well as the care and treatment of patients with the disease. Fee: \$40. CEUs: 0.2.

Safety with Enteral Tube Feedings.

This 3-course program contains 6 articles: safe nursing practices for enteral feeding of acutely ill patients and babies; safety issues for enteral feeding of babies; safe nsg practice for enteral nutrition and hydration in LTC; wound care in LTC; preventing aspiration pneumonia; and early enteral nutrition following cardiovascular surgery. Fee: \$100. CEUs: 0.52.

Scott's Story: When a Child Dies.

Gain insight into a mother's grief after the death of her 4-year old son and how you can use these insights to better support and care for the family when a child dies. Fee: \$40. CEUs: 0.3.

Supervising in Today's Healthcare Settings.

Healthcare organizations, mgmnt tasks and skills, leadership qualities and appreciation of the individual needs of patients, residents, and staff members will be discussed. Fee: \$90. CEUs: 0.8.

Understanding and Managing Sleep Apnea.

This 4-course online program will define sleep disorder breathing and aspects of long-term mgmnt of the patient with this disorder. Fee: \$40. CEUs: 0.16.

Understanding and Supporting Grieving Children.

Discusses understanding and supporting grieving children affected by the death of a significant person in the child's life. Fee: \$40. CEUs: 0.2.

Understanding Diabetes.

This 3-course program describes what people can do to keep their blood glucose at a healthy level as well as pro-

vides an overview of the disease, various definitions, prevention tips and statistics. Fee: \$40. CEUs: 0.2.

Understanding MDI Inhalers and Nebulizers.

This 2-course online program introduces the participant to aerosol nebulizer systems. Fee: \$50. CEUs: 0.27.

Understanding Medical Terminology.

This 3-course program will allow you to be less intimidated and more importantly, make you more knowledgeable when communicating with other health care professionals. Fee: \$60. CEUs: 0.32.

Understanding Parkinson's Disease.

Addresses 7 types of Parkinson's Disease and describes clinical course of primary Parkinsonism. Fee: \$40. CEUs: 0.3.

Urologic and Kidney Diseases.

Enhances the participant's understanding of the urinary system and diseases that can affect the system. Fee: \$65. CEUs: 0.5.

Weighing In On Obesity.

This 4-course program gives basic info about obesity, risk factors associated with obesity and the prevalence of obesity in young and old alike. Fee: \$40. CEUs: 0.225.

Wound Assessment and Care Planning.

This 2-course online program provides info that the student can use to establish assessment tools and care plan for patients who are at high risk for skin breakdown. Fee: \$60. CEUs: 0.27.

Wound Care and the Healthcare Professional.

This self-study will help you better understand all aspects of wound care and the rationale for promoting the skin's ability to heal. Fee: \$145. CEUs: 2.5.

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Caring for Patients from Different Cultures.

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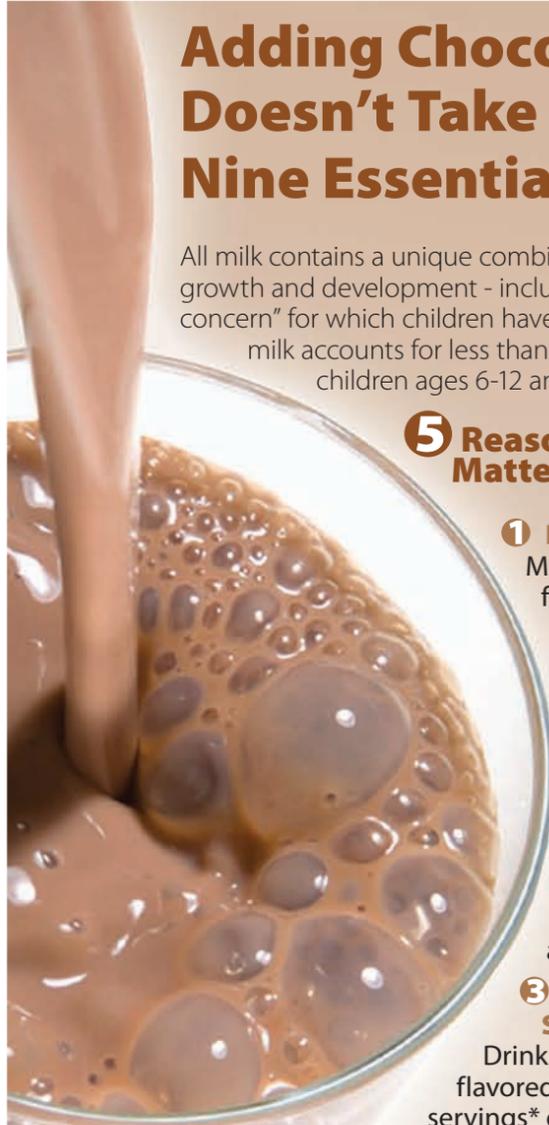



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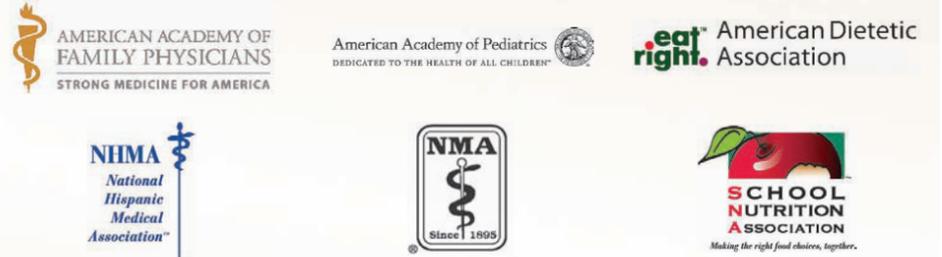
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- 3 HELPS KIDS ACHIEVE 3 SERVINGS!**
Drinking low-fat or fat-free white or flavored milk helps kids get the 3 daily servings* of milk recommended by the *Dietary Guidelines for Americans*.
- 4 BETTER DIET QUALITY!**
Children who drink flavored milk meet more of their nutrient needs; do not consume more added sugar, fat or calories; and are not heavier than non-milk drinkers.
- 5 TOP CHOICE IN SCHOOLS!**
Low-fat chocolate milk is the most popular milk choice in schools and kids drink less milk (and get fewer nutrients) if it's taken away.

These health and nutrition organizations support 3-Every-Day™ of Dairy, a science-based nutrition education program encouraging Americans to consume the recommended three daily servings of nutrient-rich low-fat or fat-free milk and milk products to improve overall health.



www.nationaldairyCouncil.org/childnutrition ©National Dairy Council 2010®

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* **DAILY RECOMMENDATIONS** - 3 cups of low-fat or fat-free milk or equivalent milk products for those 9 years of age and older and 2 cups of low-fat and fat-free milk or equivalent milk products for children 2-8 years old.

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